

Lower Columbia College Early Learning Center

Breakfast

(Two Week Rotating Menu)

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Whole Wheat Toast Cantaloupe Milk	2 Waffles Strawberries Milk
5 Oatmeal Peaches Milk	6 Cheerios Bananas Milk	7 Biscuits Apricots Milk	8 Bran Muffins Pears Milk	9 # French Toast Blueberries Milk
12 CLOSED CONFERENCES	13 Blueberry Muffin Applesauce Milk	14 Whole Wheat Bagel Blueberries Milk	15 Whole Wheat Toast Cantaloupe Milk	16 Waffles Strawberries Milk
19 Oatmeal Peaches Milk	20 Cheerios Bananas Milk	21 Biscuits Apricots Milk	22 Bran Muffins Pears Milk	23 CLOSED
26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED

ALLERGY ALERT *Contains Dairy # Contains Egg + Contains Beef

WATER IS SERVED AT ALL MEALS AND UPON REQUEST THROUGHOUT THE DAY

Lower Columbia College Early Learning Center

Lunch

(Two Week Rotating Menu)

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
			1 +Chili w/meat and beans Peas Pineapple Cornbread Milk	2 Chicken salad Sandwich on wheat bread Cucumbers Apricots Milk
5 Chicken Nuggets Dinner roll Beets Fruit cocktail Milk	6 Baked Beans w/Frankfurters Cornbread Peas Pineapple Milk	7 # Breakfast casserole w/eggs & potatoes. Whole Wheat Tortilla =Salsa Mandarins	8 Chicken Breast Whole Wheat Roll Corn Strawberries Milk	9 Tuna Sandwich on wheat Carrot sticks Applesauce Milk
12 CLOSED CONFERENCES	13 Ham Green beans Mandarin Oranges Whole Wheat Roll Milk	14 +Sweet & Sour Meatballs Rice Mixed Veggies Fruit Cocktail Milk	15 +Chili w/meat and beans Peas Pineapple Cornbread Milk	16 Chicken salad Sandwich on wheat bread Cucumbers Apricots Milk
19 Chicken Nuggets Dinner roll Beets Fruit cocktail Milk	20 Baked Beans w/Frankfurters Cornbread Peas Pineapple Milk	21 # Breakfast casserole w/eggs & potatoes. Whole Wheat Tortilla =Salsa Mandarins	22 Chicken Breast Whole Wheat Roll Corn Strawberries Milk	23 CLOSED
26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED

ALLERGY ALERT *Contains Dairy # Contains Egg + Contains Beef =Not counted in meal pattern

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Lower Columbia College Early Learning Center

2:30 Snack

(Two Week Rotating Menu)

June 2017

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Ritz Crackers Corn Spears Milk	2 Chow Mein Noodles Mandarin oranges Milk
5 *Yogurt Blueberries Milk	6 Saltines Applesauce Milk	7 Wheat Crackers *Cheese slices Milk	8 Pretzels Cauliflower Milk	9 *Refried Beans & Cheese Corn Chips Milk
12 CLOSED CONFERENCES	13 Graham Crackers Bananas Milk	14 Broccoli *String Cheese Milk	15 Ritz Crackers Corn Spears Milk	16 Chow Mein Noodles Mandarin oranges Milk
19 *Yogurt Blueberries Milk	20 Saltines Applesauce Milk	21 Wheat Crackers *Cheese slices Milk	22 Pretzels Cauliflower Milk	23 CLOSED
26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED

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Lower Columbia College Early Learning Center

5:00 Snack

(Four Week Rotating Menu)

June 2017

Monday

Tuesday

Wednesday

Thursday

Friday

	Ritz Crackers Milk	Goldfish Crackers Milk	1 Cereal bars Milk	2 Saltines Milk
5 Graham Crackers Milk	6 Oyster Crackers Milk	7 Ritz Crackers Milk	8 Goldfish Crackers Milk	9 Pretzels Milk
12 CLOSED CONFERENCES	13 Ritz Crackers Milk	14 Goldfish Crackers Milk	15 Cereal bars Milk	16 Saltines Milk
19 Graham Crackers Milk	20 Oyster Crackers Milk	21 Ritz Crackers Milk	22 Goldfish Crackers Milk	23 CLOSED
26 CLOSED	27 CLOSED	28 CLOSED	29 CLOSED	30 CLOSED

ALLERGY ALERT *Contains Dairy # Contains Egg + Contains Beef

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Lower Columbia College Early Learning Center

Breakfast

(Two Week Rotating Menu)

July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED	4 CLOSED	5 Rice Crispis Peaches Milk	6 Cheerios Fruit cocktail Milk	7 CLOSED
10 Rice Crispis Apricots Milk	11 Toast Pears Milk	12 Cheerios Bananas Milk	13 Bagel Peaches Milk	14 CLOSED
17 Cheerios Fruit cocktail Milk	18 Bagel Applesauce Milk	19 Rice Crispis Peaches Milk	20 Toast Mandarins Milk	21 CLOSED
24 Rice Crispis Apricots Milk	25 Toast Pears Milk	26 Cheerios Bananas Milk	27 Bagel Peaches Milk	28 CLOSED
31 Cheerios Peaches Milk				

ALLERGY ALERT *Contains Dairy # Contains Egg + Contains Beef

WATER IS SERVED AT ALL MEALS AND UPON REQUEST THROUGHOUT THE DAY

Lower Columbia College Early Learning Center

Lunch

(Two Week Rotating Menu)

July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED	4 CLOSED	5 Tuna Sandwich on wheat Carrots Applesauce Milk	6 Burritos Mixed Veggies Pears Milk	7 CLOSED
10 Chicken Nuggets Dinner roll Beets Fruit cocktail Milk	11 Ham Green beans Mandarin Oranges Whole Wheat Roll Milk	12 Burritos Mixed Veggies Pears Milk	13 Chicken salad Sandwich on wheat bread Cucumbers Apricots Milk	14 CLOSED
17 Burritos Mixed Veggies Pears Milk	18 Baked Beans w/Frankfurters Cornbread Peas Pineapple Milk	19 Chicken Breast Whole Wheat Roll Corn Strawberries Milk	20 Tuna Sandwich on wheat Carrots Applesauce Milk	21 CLOSED
24 Chicken Nuggets Dinner roll Beets Fruit cocktail Milk	25 Ham Green beans Mandarin Oranges Whole Wheat Roll Milk	26 Burritos Mixed Veggies Pears Milk	27 Chicken salad Sandwich on wheat bread Cucumbers Apricots Milk	28 CLOSED
31 Burritos Mixed Veggies Pears Milk				

ALLERGY ALERT *Contains Dairy # Contains Egg + Contains Beef =Not counted in meal pattern

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2:30 Snack

(Two Week Rotating Menu)

July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED	4 CLOSED	5 Wheat Crackers *Cheese slices Milk	6 Ritz Crackers Corn Spears Milk	7 CLOSED
10 *Yogurt Blueberries Milk	11 Saltines Applesauce Milk	12 Pretzels String Cheese Milk	13 Chow Mein Noodles Mandarin oranges Milk	14 CLOSED
17 Cottage Cheese Peaches Milk	18 Graham Crackers Bananas Milk	19 Wheat Crackers *Cheese slices Milk	20 Ritz Crackers Corn Spears Milk	21 CLOSED
24 *Yogurt Blueberries Milk	25 Saltines Applesauce Milk	26 Pretzels String Cheese Milk	27 Chow Mein Noodles Mandarin oranges Milk	28 CLOSED
31 Cottage Cheese Peaches Milk				

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5:00 Snack

(Four Week Rotating Menu)

July 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 CLOSED	4 CLOSED	5 Goldfish Crackers Milk	6 Cereal bars Milk	7 CLOSED
10 Graham Crackers Milk	11 Oyster Crackers Milk	12 Ritz Crackers Milk	13 Goldfish Crackers Milk	14 CLOSED
17 CLOSED CONFERENCES	18 Ritz Crackers Milk	19 Goldfish Crackers Milk	20 Cereal bars Milk	21 CLOSED
24 Graham Crackers Milk	25 Oyster Crackers Milk	26 Ritz Crackers Milk	27 Goldfish Crackers Milk	28 CLOSED
31 CLOSED				

ALLERGY ALERT *Contains Dairy # Contains Egg + Contains Beef

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