

Head Start/ECEAP/EHS

Building Strong Families



Washington State Department of
Early Learning

Who We Are



- The Lower Columbia College Head Start/ECEAP/EHS program, is a comprehensive program for children prenatal to 5 from low income families and for children who have special needs
- We provide children with activities that help them grow mentally, socially, emotionally and physically

Who We Are



- Our program serves 499 children pre-natal to 5 years of age
- The Head Start program was founded in 1965, and locally in 1969. Our Head Start program moved to LCC in 1972
- Our centers are located at LCC, Highlands, Barnes, Wallace, Castle Rock Elementary and the Broadway Learning Center

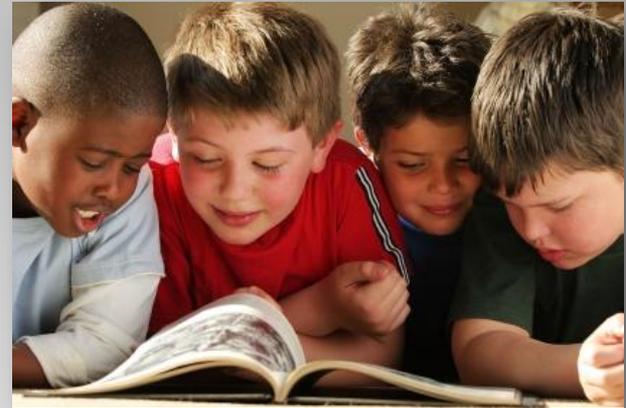
Components

- Education/Disabilities
- Nutrition
- Health
- Social Services
- Mental Health
- Parent Involvement



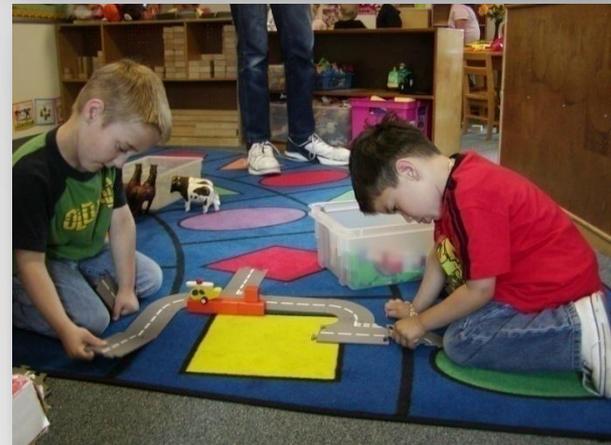
Education

- We believe that the parent is the number one educator
- Programs are designed to meet the individual needs of each child



Education

- Children attend 3-4 days a week for 3 ½ hours during the school year.
- Families in Early Head Start attend a 3- 5 days a week and/or receive weekly home visits.
- Children and families participate in activities which lay the foundations for school success.



Nutrition

- Breakfast, lunch and snacks are provided daily
- Children and parents are taught nutritious ways to prepare meals in the classroom as well as at home



Nutrition



- Personal hygiene and oral health care are part of the child's daily routine such as: tooth brushing and hand washing



- Meals in the classroom are served family style to promote socialization and language development

Health

- We believe that children cannot learn and grow unless they are healthy
- Head Start/ECEAP/EHS staff support families in securing physical and dental exams for their children and in obtaining any necessary treatment or follow-up.



Health

- Program provides vision, hearing, developmental & nutrition screenings
- Referrals for specialty medical care
- Mental Health Specialist trained in infant & preschool Mental Health on staff



Social Services



- Head Start/ECEAP/EHS offers our families a sense of belonging, support services and activities for the entire family
- Families work with staff to develop a plan focused on their goals and objectives (health services, education, etc)

Social Services



- Assist families with transportation, job assistance needs as well as linking them to needed resources
- Onsite education opportunities through Lower Columbia College

Parental Involvement

- Parents are supported in the role of primary educators of their children
- They are encouraged to:
 - Participate in the classroom
 - Attend parenting classes & support groups
 - Serve on Committees and Head Start/ECEAP/EHS Policy Council



Parental Involvement

- We offer parents GED instruction, ESL classes, and family literacy services
- Parents attend sessions on creating and maintaining healthy lifestyles
- Parents become advocates for their children and the community



Parental Involvement

- Parents learn about positive discipline and how to form meaningful relationships with other children.
- Parents build stronger values, self respect and goals for their future.





COMMUNITY PARTNERS

Public Schools
Social Services
Local Government
Businesses
Physicians
Dentists
Mental Health Agencies
Early Learning Coalitions



Our Funders

- United Way of Cowlitz County
- WA State Dept. of Early Learning
- Dept. of Health & Human Services
- Cowlitz County Health Dept.
- The Wollenberg Foundation
- Weyerhaeuser
- Peace Health
- Norpac
- Lower Columbia College Foundation
- Kaiser Foundation
- Health Care Authority
- Windermere Foundation
- Junior Service League
- Many private donors



Thank You

We are proud to have served our community's children for the last 40 years. We have helped create stronger families and a healthier community.

We hope you will continue to support us as volunteers, funders and donors.

Check us out online at lowercolumbia.edu/headstart

