

Substance Use Disorder Studies - AAS-T (BAS-OLTM option)



2024-25

Program map for Substance Use Disorder Studies - AAS-T (BAS-OLTM option)

The Substance Use Disorder Studies program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Chemical Dependency Professional (CDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

See also

- [Degree Requirements for Health Sciences and Wellness programs \(lowercolumbia.edu/programs/health \)](https://www.lowercolumbia.edu/programs/health)
- [Course descriptions in LCC Catalog \(lowercolumbia.edu/publications/catalog/courses \)](https://www.lowercolumbia.edu/publications/catalog/courses)
- [Distribution lists in LCC Catalog \(lowercolumbia.edu/publications/catalog/distribution-lists \)](https://www.lowercolumbia.edu/publications/catalog/distribution-lists)

([lowercolumbia.edu/program-maps/health/](https://www.lowercolumbia.edu/program-maps/health/)) **Important:** Many course sequences only begin in fall quarter. Check with your program advisor.

By Quarter Overview

First Quarter

-
- COLL 101: College Success 101 (2 credits)
 - SUDS 101: Introduction to Addiction and Chemical Dependency (5 credits)
 - SUDS 109: Process of Addiction and Compulsive Behaviors (4 credits)
 - SUDS 113: Treatment Principles of Chemical Dependency (3 credits)
 - *SUDS 101 or concurrent enrollment**

*Pre- and/or co-requisite(s)

Second Quarter

- SUDS 102: Introduction to Theory and Counseling of Chemically Dependent Clients (3 credits)
- SUDS 101 with a C grade or higher*
- SUDS 105: Chemical Dependency/Domestic Violence (3 credits)
- SUDS 121: Legal and Ethical Issues in CDS (3 credits)
- SUDS 114: Suicide Assessment, Prevention and Crisis Management (2 credits)
- ENGL& 101: English Composition I (5 credits)
 - *College placement or ENGL 099 or TECH 105 with a grade of C or better**

**Pre- and co-requisite(s)*

Third Quarter

- SUDS 107: Adolescent Developmental Issues and Chemical Dependency (3 credits)
- SUDS 110: Alcohol/Drug Pathophysiology and Pharmacology (3 credits)
 - *SUDS 101, 102, 113 with a C grade or higher**
- SUDS 111: Record Keeping and Case Management (3 credits)
- SUDS 101, 102, 113 with a C grade or higher *
- MATH 107 OR 146: Math for Health Science or MATH& 146: Introduction to Statistics (5 credits)
 - *MATH 097 or MATH 098 with a grade of C or better or appropriate placement test score to enter into MATH& 146**
- HLTH 100: Occupational Safety and Health (3 credits)

**Pre- and co-requisite(s)*

MATH& 146 is recommended for students planning to transfer to a university.

Speak with SUDS advisor about SUDS 288 Cooperative Education options.

Fourth Quarter

- Choose one Natural Science course** (5 credits):
 - BIOL& 100: Survey of Biology
 - BIOL& 160: General Biology with Lab: Cell/Molecular
 - BIOL& 241: Human A & P I
 - BIOL& 242: Human A&P II
 - CHEM& 110: Chemical Concepts w/Lab
 - CHEM& 121: Introduction to Chemistry
- Or choose a Natural Science with a Lab from the Distribution List
 - SUDS 202: Chemical Dependency Counseling with Diverse Populations (3 credits)
 - *SUDS 101, 102, 113, and 121 or instructor permission**
 - SUDS 215: Group Counseling: Theories and Applications (3 credits)
 - *SUDS 101 and 113 both with a grade of C or higher**
 - PSYC& 100: General Psychology (5 credits)
- COLL 289: Employment Portfolio Seminar (1 credit)

**Pre- and/or co-requisite(s)*

***Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

Apply for Graduation (lowercolumbia.edu/graduation)

Fifth Quarter

- SUDS 203: Relapse Prevention and Intervention (3 credits)
 - *SUDS 101, 102, and 113 or instructor permission**
- SUDS 288: Cooperative Work Experience (1-15 credits)
 - *Instructor or Cooperative Education Coordinator permission Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294**
- SOC& 101: Introduction to Sociology: DIV (5 credits)

**Pre- and/or co-requisite(s)*

Sixth Quarter

- SUDS 201: Dynamic of the Family and Chemical Dependency (3 credits)
 - *SUDS 101, 102, 113 and 215 with a C or better.**
- SUDS 288: Cooperative Work Experience (1-15 credits)
 - *Instructor or Cooperative Education Coordinator permission*
 - *Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294**
- PSYC& 200: Lifespan Psychology (5 credits)
- PSYC& 100 or instructor permission*
- CDS 220: Co-Occur Disorders: Mental Health Disorders in CDS (3 credits)
 - *CDS 101, 102, and 113 with a grade of C or better or instructor permission**

**Pre- and/or co-requisite(s)*

Detailed Class Sequence

1. Introduction to Addiction and Chemical Dependency

SUDS 101 (5 credits)

2. Process of Addiction and Compulsive Behaviors

SUDS 109 (4 credits)

3. Treatment Principles of Chemical Dependency

SUDS 113 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 or concurrent enrollment**

4. College Success

COLL 101 (2 credits)

6. Introduction to Theories and Counseling of Chemically Dependent Clients

SUDS 102 (3 credits)

Pre- and/or co-requisite(s): CDS 101 with a grade of C or higher

7. Chemical Dependency/Domestic Violence

SUDS 105 (3 credits)

8. Legal and Ethical Issues in CDS

SUDS 121 (3 credits)

9. Suicide Assessment, Prevention and Crisis Management

SUDS 114 (2 credits)

10. English Composition I

ENGL& 101 (5 credits)

Pre- and/or co-requisite(s): College placement or ENGL 099 or TECH 105 with a grade of C or better

11. Adolescent Developmental Issues and Chemical Dependency

SUDS 107 (3 credits)

12. Alcohol/Drug Pathophysiology and Pharmacology

SUDS 110 (3 credits)

Pre- and/or co-requisite(s): SUDS 101, 102, 113 with a C grade or higher

13. Record Keeping and Case Management

SUDS 111 (3 credits)

Pre- and/or co-requisite(s): SUDS 101, 102, 113 with a C grade or higher

14. Math for Health Science or Introduction to Statistics

MATH 107 OR 146 (5 credits)

Pre- and/or co-requisite(s): MATH 097 or MATH 098 with a grade of C or better or appropriate placement test score to enter into MATH& 146

14. Occupational Safety and Health

HLTH 100 (3 credits)

15. Natural Science Requirement

Choose one:

- BIOL& 100: Survey of Biology (5 credits)
- BIOL& 160: General Biology with Lab: Cell/Molecular (5 credits)
- BIOL& 241: Human A & P I(5 credits)
- BIOL& 242: Human A&P II (5 credits)
- CHEM& 110: Chemical Concepts w/Lab (5 credits)
- CHEM& 121: Introduction to Chemistry (5 credits)

Or Chose from the Natural Science Distribution List:

- SUDS 202: Chemical Dependency Counseling with Diverse Populations (3 credits)
 - SUDS 101, 102, 113, and 121 or instructor permission*
- SUDS 215: Group Counseling: Theories and Applications (3 credits)
 - SUDS 101 and 113 both with a grade of C or higher*
- PSYC& 100: General Psychology (5 credits)

Please see catalog for pre- and/or co-requisite(s) for selected course(s)

16. Employment Portfolio Seminar

COLL 289 (1 credits)

17. Relapse Prevention and Intervention

SUDS 203 (3 credits)

Pre- and/or co-requisite(s):SUDS 101, 102, and 113 or instructor permission

18. Cooperative Work Experience

SUDS 288 (1-15 credits)

Pre- and/or co-requisite(s):Instructor or Cooperative Education Coordinator permission Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

19. Introduction to Sociology: DIV

SOC& 101 (5 credits)

20. Dynamic of the Family and Chemical Dependency

SUDS 201 (3 credits)

Pre- and/or co-requisite(s): SUDS 101, 102, 113 and 215 with a C or better

21. Lifespan Psychology

PSYC& 200 (5 credits)

Pre- and/or co-requisite(s): PSYC& 100 or instructor permission

22. Co-Occur Disorders: Mental Health Disorders in CDS

SUDS 220 (3 credits)

Pre- and/or co-requisite(s): SUDS 101, 102, and 113 with a grade of C or better or instructor permission



Program Maps for Health Sciences and Wellness (lowercolumbia.edu/program-maps/health)

- Health and Fitness - AA-DTA (with Fitness Specialist Certificate) (lowercolumbia.edu/program-maps/health/AADTA-Health-and-Fitness)
- Medical Assisting - AAS (lowercolumbia.edu/program-maps/health/AAS-Medical-Assisting)
- Medical Assisting - AAS-T (BAS-OLTM option) (lowercolumbia.edu/program-maps/health/AAS-T-Medical-Assisting-BAS-OLTM-option)
- Medical Assisting - COP (lowercolumbia.edu/program-maps/health/COP-Medical-Assisting)
- Nursing - AN-DTA/MRP (LPN2RN Campus Based Opt-in Option) (lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-Campus-Based-Opt-in-Option)
- Nursing - AN-DTA/MRP (lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing)
- Nursing - AN-DTA/MRP (LPN2RN eLearning Option) (lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-eLearning)
- Nursing - Associate in Pre-Nursing APN-DTA/MRP (lowercolumbia.edu/program-maps/health/AADTA-MRP-Pre-Nursing)
- Nursing Assistant - COC (lowercolumbia.edu/program-maps/health/COC-Nursing-Assistant)
- Pre-Dental Hygiene - AA (lowercolumbia.edu/program-maps/health/AA-Pre-Dental-Hygiene)
- Substance Use Disorder Studies - AA/DTA (lowercolumbia.edu/program-maps/health/AADTA-Substance-Use-Disorder-Studies)
- Substance Use Disorder Studies - AAS (lowercolumbia.edu/program-maps/health/AAS-Substance-Use-Disorder-Studies)
- Substance Use Disorder Studies - AAS-T (BAS-OLTM option) (lowercolumbia.edu/program-maps/health/AAS-T-Substance-Use-Disorder-Studies-BAS-OLTM-option)