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# Chemical Dependency Studies - AAS

## 2021-22

### Program map for Chemical Dependency Studies Associate in Applied Science (AAS)

The Chemical Dependency Studies program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Chemical Dependency Professional (CDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

All CDS students-transfer or non-transfer- need the AAS

See also:

- [Degree Requirements for Health Sciences and Wellness programs](#)
- [Course descriptions in LCC Catalog](#)
- [Distribution lists in LCC Catalog](#)

***Please note that many course sequences only begin in fall quarter. Please check with your program advisor for more information.***

***Please review both the "By Quarter Overview" and "Detailed Class Sequence" tabs below.***

## By Quarter Overview

### First Quarter

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- CDS 101: Introduction to Addiction and Chemical Dependency (5 credits)
- CDS 108: Community and School-Based Prevention/Intervention Strategies (4 credits)
- CDS 113: Treatment Principles of Chemical Dependency (3 credits)
  - *CDS 101 or concurrent enrollment\**
- COLL 101: College Success 101 (2 credits)

*\*Pre- and/or co-requisite(s)*

*If you are planning to transfer to a university speak with your CDS advisor about your options and program requirements.*

### Second Quarter

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- CDS 102: Introduction to Theory and Counseling of Chemically Dependent Clients (3 credits)
  - *CDS 101 with a C grade or higher\**
- CDS 105: Chemical Dependency/Domestic Violence (3 credits)
- CDS 121: Legal and Ethical Issues in CDS (3 credits)
- CDS 114: Suicide Assessment, Prevention and Crisis Management (2 credits)

- ENGL& 101: English Composition I (5 credits)
  - *College placement or ENGL 099 or TECH 105 with a grade of C or better\**

*\*Pre- and/or co-requisite(s)*

### Third Quarter

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- CDS 107: Adolescent Developmental Issues and Chemical Dependency (3 credits)
- CDS 110: Alcohol/Drug Pathophysiology and Pharmacology (3 credits)
  - *CDS 101, 102, 113 with a C grade or higher\**
- CDS 111: Record Keeping and Case Management (3 credits)
  - *CDS 101, 102, 113 with a C grade or higher \**
- MATH 105: Math for Health Science or MATH& 146: Introduction to Statistics (5 credits)
  - *MATH 097 or MATH 098 with a grade of C or better or appropriate placement test score to enter into MATH& 146\**
- HLTH 100: Occupational Safety and Health (3 credits)

*\*Pre- and/or co-requisite(s)*

*MATH& 146 is recommended for students planning to transfer to a university. MATH 105 will not meet university graduation requirements for their SUDP program. Meet with your advisor if you have questions.*

**Speak with CDS advisor about CDS 288 Cooperative Education options.**

### Fourth Quarter

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- Choose one Natural Science course\*\* (5 credits):
  - BIOL& 100: Survey of Biology
  - BIOL& 160: General Biology with Lab: Cell/Molecular
  - BIOL& 241: Human A & P I
  - BIOL& 242: Human A&P II
  - CHEM& 110: Chemical Concepts w/Lab
  - CHEM& 121: Introduction to Chemistry
  - NUTR& 101: Nutrition
  - Or choose from the Natural Science Distribution List
- CDS 202: Chemical Dependency Counseling with Diverse Populations (3 credits)
  - *CDS 101, 102, 113, and 121 or instructor permission\**
- CDS 215: Group Counseling: Theories and Applications (3 credits)
  - *CDS 101 and 113 both with a grade of C or higher\**
- PSYC& 100: General Psychology (5 credits)
- COLL 289: Employment Portfolio Seminar (1 credit)

*\*Pre- and/or co-requisite(s)*

*\*\*Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

**Turn in graduation application to registration.**

### Fifth Quarter

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- CDS 203: Relapse Prevention and Intervention (3 credits)
  - *CDS 101, 102, and 113 or instructor permission\**

- CDS 288: Cooperative Work Experience (1-15 credits)
  - Instructor or Cooperative Education Coordinator permission Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294\*
- SOC& 101: Introduction to Sociology: DIV (5 credits)

*\*Pre- and/or co-requisite(s)*

## Sixth Quarter

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- CDS 201: Dynamic of the Family and Chemical Dependency (3 credits)
  - *CDS 101, 102, 113 and 215 with a C or better.\**
- CDS 288: Cooperative Work Experience (1-15 credits)
  - Instructor or Cooperative Education Coordinator permission
  - Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294\*
- PSYC& 200: Lifespan Psychology (5 credits)
  - *PSYC& 100 or instructor permission\**

*\*Pre- and/or co-requisite(s)*

## Detailed Class Sequence

### 1. Introduction to Addiction and Chemical Dependency

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CDS 101 (5 credits)

### 2. Community and School-Based Prevention/Intervention Strategies

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CDS 108 (4 credits)

### 3. Treatment Principles of Chemical Dependency

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CDS 113 (3 credits)

*Pre- and/or co-requisite(s): CDS 101 with a C grade or higher or concurrent enrollment*

### 4. College Success 101

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COLL 101 (2 credits)

### 5. Introduction to Theory and Counseling of Chemically Dependent Clients

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CDS 102 (3 credits)

*Pre- and/or co-requisite(s): CDS 101 with a C grade or higher*

### 6. Chemical Dependency/Domestic Violence

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CDS 105 (3 credits)

## 7. Legal and Ethical Issues in CDS

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CDS 121 (3 credits)

## 8. Suicide Assessment, Prevention and Crisis Management

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CDS 114 (2 credits)

## 9. English Composition I

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ENGL& 101 (5 credits)

*Pre- and/or co-requisite(s): College placement or ENGL 099 or TECH 105 with a grade of C or better*

## 10. Adolescent Developmental Issues and Chemical Dependency

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CDS 107 (3 credits)

## 11. Alcohol/Drug Pathophysiology and Pharmacology

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CDS 110 (3 credits)

*Pre- and/or co-requisite(s): CDS 101, 102, 113 with a C grade or higher*

## 12. Record Keeping and Case Management

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CDS 111 (3 credits)

*Pre- and/or co-requisite(s): CDS 101, 102, 113 with a C grade or higher*

## 13. Math for Health Science or Introduction to Statistics

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MATH 105 or MATH& 146 (5 credits)

*Pre- and/or co-requisite(s): MATH 099 or MATH 097 with a grade of C or better or appropriate placement test score to enter into MATH& 146*

## 14. Occupational Safety and Health

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HLTH 100 (3 credits)

## 15. Natural Science Course

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Choose one:

BIOL& 100: Survey of Biology (5 credits)

BIOL& 160: General Biology with Lab: Cell/Molecular (5 credits)

BIOL& 241: Human A & P I(5 credits)

BIOL& 242: Human A&P II (5 credits)

CHEM& 110: Chemical Concepts w/Lab (5 credits)  
CHEM& 121: Introduction to Chemistry (5 credits)  
NUTR& 101: Nutrition (5 credits)  
Or Chose from the Natural Science Distribution List

*Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

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## **16. Chemical Dependency Counseling with Diverse Populations**

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CDS 202 (3 credits)  
*Pre- and/or co-requisite(s): CDS 101, 102, 113, and 121 or instructor permission*

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## **17. Group Counseling: Theories and Applications**

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CDS 215 (3 credits)  
*Pre- and/or co-requisite(s): CDS 101 and 113 both with a grade of C or better*

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## **18. General Psychology**

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PSYC& 100 (5 credits)

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## **19. Employment Portfolio Seminar**

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COLL 289 (1 credit)  
*Pre- and/or co-requisite(s): Meet with CDS advisor*

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## **20. Relapse Prevention and Intervention**

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CDS 203 (3 credits)  
*Pre- and/or co-requisite(s): CDS 101, 102, and 113 or instructor permission*

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## **21. Cooperative Work Experience**

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CDS 288 (1-15 credits)  
*Pre- and/or co-requisite(s): Instructor or Cooperative Education Coordinator permission*  
Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

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## **22. Introduction to Sociology: DIV**

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SOC& 101 (5 credits)

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## **23. Dynamic of the Family and Chemical Dependency**

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CDS 201 (3 credits)  
*Pre- and/or co-requisite(s): CDS 101, 102, 113 and 215 with a C or better.*

## 24. Cooperative Work Experience

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CDS 288 (1-15 credits)

*Pre- and/or co-requisite(s):* Instructor or Cooperative Education Coordinator permission

Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

## 25. Lifespan Psychology

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PSYC& 200 (5 credits)

*Pre- and/or co-requisite(s):* PSYC& 100 or instructor permission

## Program Maps for Health Sciences and Wellness

- Chemical Dependency Studies - AA-DTA
- Chemical Dependency Studies - AAS
- Health and Fitness - AA-DTA (with Fitness Specialist Certificate)
- Medical Assisting - AAS
- Medical Assisting - COP
- Nursing Assistant - COC
- Pre-Dental Hygiene - AA
- Registered Nurse - AN-DTA/MRP
- Registered Nurse - AN-DTA/MRP (LPN2RN Campus Based Opt-in Option)
- Registered Nurse - AN-DTA/MRP (LPN2RN eLearning Option)