

Chemical Dependency Studies - AAS

2022-23

Program map for Chemical Dependency Studies Associate in Applied Science (AAS)

The Chemical Dependency Studies program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Chemical Dependency Professional (CDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

All CDS students-transfer or non-transfer- need the AAS

See also: (lowercolumbia.edu/programs/health)

- Degree Requirements for Health Sciences and Wellness programs (lowercolumbia.edu/programs/health)
- Course descriptions in LCC Catalog (lowercolumbia.edu/publications/catalog/courses)
- Distribution lists in LCC Catalog (lowercolumbia.edu/publications/catalog/distribution-lists)

Please note that many course sequences only begin in fall quarter. Please check with your program advisor for more information.

Please review both the "By Quarter Overview" and "Detailed Class Sequence" tabs below.

By Quarter Overview

First Quarter

- CDS 101: Introduction to Addiction and Chemical Dependency (5 credits)
- CDS 108: Community and School-Based Prevention/Intervention Strategies (4 credits)
- CDS 113: Treatment Principles of Chemical Dependency (3 credits)
 - *CDS 101 or concurrent enrollment**
- COLL 101: College Success 101 (2 credits)

**Pre- and/or co-requisite(s)*

If you are planning to transfer to a university speak with your CDS advisor about your options and program requirements.

Second Quarter

- CDS 102: Introduction to Theory and Counseling of Chemically Dependent Clients (3 credits)
 - *CDS 101 with a C grade or higher**
- CDS 105: Chemical Dependency/Domestic Violence (3 credits)
- CDS 121: Legal and Ethical Issues in CDS (3 credits)
- CDS 114: Suicide Assessment, Prevention and Crisis Management (2 credits)

- ENGL& 101: English Composition I (5 credits)
 - *College placement or ENGL 099 or TECH 105 with a grade of C or better**

**Pre- and/or co-requisite(s)*

Third Quarter

- CDS 107: Adolescent Developmental Issues and Chemical Dependency (3 credits)
- CDS 110: Alcohol/Drug Pathophysiology and Pharmacology (3 credits)
 - *CDS 101, 102, 113 with a C grade or higher**
- CDS 111: Record Keeping and Case Management (3 credits)
 - *CDS 101, 102, 113 with a C grade or higher **
- MATH 105: Math for Health Science or MATH& 146: Introduction to Statistics (5 credits)
 - *MATH 097 or MATH 098 with a grade of C or better or appropriate placement test score to enter into MATH& 146**
- HLTH 100: Occupational Safety and Health (3 credits)

**Pre- and/or co-requisite(s)*

MATH& 146 is recommended for students planning to transfer to a university. MATH 105 will not meet university graduation requirements for their SUDP program. Meet with your advisor if you have questions.

Speak with CDS advisor about CDS 288 Cooperative Education options.

Fourth Quarter

- Choose one Natural Science course** (5 credits):
 - BIOL& 100: Survey of Biology
 - BIOL& 160: General Biology with Lab: Cell/Molecular
 - BIOL& 241: Human A & P I
 - BIOL& 242: Human A&P II
 - CHEM& 110: Chemical Concepts w/Lab
 - CHEM& 121: Introduction to Chemistry
 - NUTR& 101: Nutrition
 - Or choose from the Natural Science Distribution List
- CDS 202: Chemical Dependency Counseling with Diverse Populations (3 credits)
 - *CDS 101, 102, 113, and 121 or instructor permission**
- CDS 215: Group Counseling: Theories and Applications (3 credits)
 - *CDS 101 and 113 both with a grade of C or higher**
- PSYC& 100: General Psychology (5 credits)
- COLL 289: Employment Portfolio Seminar (1 credit)

**Pre- and/or co-requisite(s)*

***Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

Turn in graduation application to registration. (lowercolumbia.edu/graduation)

Fifth Quarter

- CDS 203: Relapse Prevention and Intervention (3 credits)
 - *CDS 101, 102, and 113 or instructor permission**

- CDS 288: Cooperative Work Experience (1-15 credits)
 - Instructor or Cooperative Education Coordinator permission Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294*
- SOC& 101: Introduction to Sociology: DIV (5 credits)

**Pre- and/or co-requisite(s)*

Sixth Quarter

- CDS 201: Dynamic of the Family and Chemical Dependency (3 credits)
 - *CDS 101, 102, 113 and 215 with a C or better.**
- CDS 288: Cooperative Work Experience (1-15 credits)
 - Instructor or Cooperative Education Coordinator permission
 - Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294*
- PSYC& 200: Lifespan Psychology (5 credits)
 - *PSYC& 100 or instructor permission**
- CDS 220: Co-Occur Disorders: Mental Health Disorders in CDS (3 credits)
 - *CDS 101, 102, and 113 with a grade of C or better or instructor permission**

**Pre- and/or co-requisite(s)*

Detailed Class Sequence

1. Introduction to Addiction and Chemical Dependency

CDS 101 (5 credits)

2. Community and School-Based Prevention/Intervention Strategies

CDS 108 (4 credits)

3. Treatment Principles of Chemical Dependency

CDS 113 (3 credits)

Pre- and/or co-requisite(s): CDS 101 with a C grade or higher or concurrent enrollment

4. College Success 101

COLL 101 (2 credits)

5. Introduction to Theory and Counseling of Chemically Dependent Clients

CDS 102 (3 credits)

Pre- and/or co-requisite(s): CDS 101 with a C grade or higher

6. Chemical Dependency/Domestic Violence

CDS 105 (3 credits)

7. Legal and Ethical Issues in CDS

CDS 121 (3 credits)

8. Suicide Assessment, Prevention and Crisis Management

CDS 114 (2 credits)

9. English Composition I

ENGL& 101 (5 credits)

Pre- and/or co-requisite(s): College placement or ENGL 099 or TECH 105 with a grade of C or better

10. Adolescent Developmental Issues and Chemical Dependency

CDS 107 (3 credits)

11. Alcohol/Drug Pathophysiology and Pharmacology

CDS 110 (3 credits)

Pre- and/or co-requisite(s): CDS 101, 102, 113 with a C grade or higher

12. Record Keeping and Case Management

CDS 111 (3 credits)

Pre- and/or co-requisite(s): CDS 101, 102, 113 with a C grade or higher

13. Math for Health Science or Introduction to Statistics

MATH 105 or MATH& 146 (5 credits)

Pre- and/or co-requisite(s): MATH 099 or MATH 097 with a grade of C or better or appropriate placement test score to enter into MATH& 146

14. Occupational Safety and Health

HLTH 100 (3 credits)

15. Natural Science Course

Choose one:

BIOL& 100: Survey of Biology (5 credits)

BIOL& 160: General Biology with Lab: Cell/Molecular (5 credits)

BIOL& 241: Human A & P I(5 credits)
BIOL& 242: Human A&P II (5 credits)
CHEM& 110: Chemical Concepts w/Lab (5 credits)
CHEM& 121: Introduction to Chemistry (5 credits)
NUTR& 101: Nutrition (5 credits)
Or Chose from the Natural Science Distribution List

Please see catalog for pre- and/or co-requisite(s) for selected course(s)

16. Chemical Dependency Counseling with Diverse Populations

CDS 202 (3 credits)
Pre- and/or co-requisite(s): CDS 101, 102, 113, and 121 or instructor permission

17. Group Counseling: Theories and Applications

CDS 215 (3 credits)
Pre- and/or co-requisite(s): CDS 101 and 113 both with a grade of C or better

18. General Psychology

PSYC& 100 (5 credits)

19. Employment Portfolio Seminar

COLL 289 (1 credit)
Pre- and/or co-requisite(s): Meet with CDS advisor

20. Relapse Prevention and Intervention

CDS 203 (3 credits)
Pre- and/or co-requisite(s): CDS 101, 102, and 113 or instructor permission

21. Cooperative Work Experience

CDS 288 (1-15 credits)
Pre- and/or co-requisite(s): Instructor or Cooperative Education Coordinator permission
Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

22. Introduction to Sociology: DIV

SOC& 101 (5 credits)

23. Dynamic of the Family and Chemical Dependency

CDS 201 (3 credits)

Pre- and/or co-requisite(s): CDS 101, 102, 113 and 215 with a C or better.

24. Cooperative Work Experience

CDS 288 (1-15 credits)

*Pre- and/or co-requisite(s):*Instructor or Cooperative Education Coordinator permission
Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

25. Lifespan Psychology

PSYC& 200 (5 credits)

Pre- and/or co-requisite(s): PSYC& 100 or instructor permission

26. Co-Occur Disorders: Mental Health Disorders in CDS

CDS 220 (3 credits)

Pre- and/or co-requisite(s): CDS 101, 102 and 113 with a grade of C or better or instructor permission

(lowercolumbia.edu/program-maps/health)

Program Maps for Health Sciences and Wellness (lowercolumbia.edu/program-maps/health)

- Chemical Dependency Studies - AA-DTA (lowercolumbia.edu/program-maps/health/AADTA-Chemical-Dependency-Studies)
- Chemical Dependency Studies - AAS (lowercolumbia.edu/program-maps/health/AAS-Chemical-Dependency-Studies)
- Health and Fitness - AA-DTA (with Fitness Specialist Certificate) (lowercolumbia.edu/program-maps/health/AADTA-Health-and-Fitness)
- Medical Assisting - AAS (lowercolumbia.edu/program-maps/health/AAS-Medical-Assisting)
- Medical Assisting - COP (lowercolumbia.edu/program-maps/health/COP-Medical-Assisting)
- Nursing Assistant - COC (lowercolumbia.edu/program-maps/health/COC-Nursing-Assistant)
- Pre-Dental Hygiene - AA (lowercolumbia.edu/program-maps/health/AA-Pre-Dental-Hygiene)
- Pre-Nursing - APN-DTA/MRP (lowercolumbia.edu/program-maps/health/AADTA-MRP-Pre-Nursing)
- Registered Nurse - AN-DTA/MRP (lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing)
- Registered Nurse - AN-DTA/MRP (LPN2RN Campus Based Opt-in Option) (lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-Campus-Based-Opt-in-Option)
- Registered Nurse - AN-DTA/MRP (LPN2RN eLearning Option) (lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-eLearning)