

# Substance Use Disorder Studies - AAS



**2023-24**

## Program map for Substance Use Disorder Studies Associate in Applied Science (AAS)

The Substance Use Disorder Studies program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Chemical Dependency Professional (CDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

All SUDS students-transfer or non-transfer- need the AAS

**See also:** ( [lowercolumbia.edu/programs/health](https://lowercolumbia.edu/programs/health) )

- [Degree Requirements for Health Sciences and Wellness programs \( lowercolumbia.edu/programs/health \)](https://lowercolumbia.edu/programs/health)
- [Course descriptions in LCC Catalog \( lowercolumbia.edu/publications/catalog/courses \)](https://lowercolumbia.edu/publications/catalog/courses)
- [Distribution lists in LCC Catalog \( lowercolumbia.edu/publications/catalog/distribution-lists \)](https://lowercolumbia.edu/publications/catalog/distribution-lists)

*Please note that many course sequences only begin in fall quarter. Please check with your program advisor for more information.*

*Please review both the "By Quarter Overview" and "Detailed Class Sequence" tabs below.*

## By Quarter Overview

### First Quarter

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- SUDS 101: Introduction to Addiction and Chemical Dependency (5 credits)
  - SUDS 109: Process of Addiction and Compulsive Behaviors (4 credits)
  - SUDS 113: Treatment Principles of Chemical Dependency (3 credits)
    - *SUDS 101 or concurrent enrollment\**
  - COLL 101: College Success 101 (2 credits)

*\*Pre- and/or co-requisite(s)*

If you are planning to transfer to a university speak with your SUDS advisor about your options and program requirements.

## Second Quarter

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- SUDS 102: Introduction to Theory and Counseling of Chemically Dependent Clients (3 credits)
  - *SUDS 101 with a C grade or higher\**
- SUDS 105: Chemical Dependency/Domestic Violence (3 credits)
- SUDS 121: Legal and Ethical Issues in SUDS (3 credits)
- SUDS 114: Suicide Assessment, Prevention and Crisis Management (2 credits)
- ENGL& 101: English Composition I (5 credits)
  - *College placement or ENGL 099 or TECH 105 with a grade of C or better\**

*\*Pre- and/or co-requisite(s)*

## Third Quarter

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- SUDS 107: Adolescent Developmental Issues and Chemical Dependency (3 credits)
- SUDS 110: Alcohol/Drug Pathophysiology and Pharmacology (3 credits)
  - *SUDS 101, 102, 113 with a C grade or higher\**
- SUDS 111: Record Keeping and Case Management (3 credits)
  - *SUDS 101, 102, 113 with a C grade or higher \**
- MATH 105: Math for Health Science or MATH& 146: Introduction to Statistics (5 credits)
  - *MATH 097 or MATH 098 with a grade of C or better or appropriate placement test score to enter into MATH& 146\**
- HLTH 100: Occupational Safety and Health (3 credits)

*\*Pre- and/or co-requisite(s)*

*MATH& 146 is recommended for students planning to transfer to a university. MATH 105 will not meet university graduation requirements for their SUDP program. Meet with your advisor if you have questions.*

**Speak with SUDS advisor about SUDS 288 Cooperative Education options.**

## Fourth Quarter

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- Choose one Natural Science course\*\* (5 credits):
  - BIOL& 100: Survey of Biology
  - BIOL& 160: General Biology with Lab: Cell/Molecular
  - BIOL& 241: Human A & P I
  - BIOL& 242: Human A&P II
  - CHEM& 110: Chemical Concepts w/Lab
  - CHEM& 121: Introduction to Chemistry
  - NUTR& 101: Nutrition
  - Or choose from the Natural Science Distribution List
- SUDS 202: Chemical Dependency Counseling with Diverse Populations (3 credits)
  - *SUDS 101, 102, 113, and 121 or instructor permission\**
- SUDS 215: Group Counseling: Theories and Applications (3 credits)
  - *SUDS 101 and 113 both with a grade of C or higher\**
- PSYC& 100: General Psychology (5 credits)
- COLL 289: Employment Portfolio Seminar (1 credit)

*\*Pre- and/or co-requisite(s)*

*\*\*Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

**Turn in graduation application to registration. ( [lowercolumbia.edu/graduation](http://lowercolumbia.edu/graduation) )**

## **Fifth Quarter**

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- SUDS 203: Relapse Prevention and Intervention (3 credits)
  - *SUDS 101, 102, and 113 or instructor permission\**
- SUDS 288: Cooperative Work Experience (1-15 credits)
  - Instructor or Cooperative Education Coordinator permission Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294\*
- SOC& 101: Introduction to Sociology: DIV (5 credits)

*\*Pre- and/or co-requisite(s)*

## **Sixth Quarter**

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- SUDS 201: Dynamic of the Family and Chemical Dependency (3 credits)
  - *SUDS 101, 102, 113 and 215 with a C or better.\**
- SUDS 288: Cooperative Work Experience (1-15 credits)
  - Instructor or Cooperative Education Coordinator permission
  - Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294\*
- PSYC& 200: Lifespan Psychology (5 credits)
  - *PSYC& 100 or instructor permission\**
- SUDS 220: Co-Occur Disorders: Mental Health Disorders in SUDS (3 credits)
  - *SUDS 101, 102, and 113 with a grade of C or better or instructor permission\**

*\*Pre- and/or co-requisite(s)*

## **Detailed Class Sequence**

### **1. Introduction to Addiction and Chemical Dependency**

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SUDS 101 (5 credits)

### **2. Process of Addiction and Compulsive Behaviors**

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SUDS 109 (4 credits)

### **3. Treatment Principles of Chemical Dependency**

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SUDS 113 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 with a C grade or higher or concurrent enrollment*

### **4. College Success 101**

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COLL 101 (2 credits)

## **5. Introduction to Theory and Counseling of Chemically Dependent Clients**

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SUDS 102 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 with a C grade or higher*

## **6. Chemical Dependency/Domestic Violence**

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SUDS 105 (3 credits)

## **7. Legal and Ethical Issues in SUDS**

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SUDS 121 (3 credits)

## **8. Suicide Assessment, Prevention and Crisis Management**

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SUDS 114 (2 credits)

## **9. English Composition I**

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ENGL& 101 (5 credits)

*Pre- and/or co-requisite(s): College placement or ENGL 099 or TECH 105 with a grade of C or better*

## **10. Adolescent Developmental Issues and Chemical Dependency**

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SUDS 107 (3 credits)

## **11. Alcohol/Drug Pathophysiology and Pharmacology**

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SUDS 110 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113 with a C grade or higher*

## **12. Record Keeping and Case Management**

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SUDS 111 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113 with a C grade or higher*

## **13. Math for Health Science or Introduction to Statistics**

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MATH 105 or MATH& 146 (5 credits)

*Pre- and/or co-requisite(s): MATH 099 or MATH 097 with a grade of C or better or appropriate placement test score to enter into MATH& 146*

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## 14. Occupational Safety and Health

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HLTH 100 (3 credits)

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## 15. Natural Science Course

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Choose one:

BIOL& 100: Survey of Biology (5 credits)

BIOL& 160: General Biology with Lab: Cell/Molecular (5 credits)

BIOL& 241: Human A & P I(5 credits)

BIOL& 242: Human A&P II (5 credits)

CHEM& 110: Chemical Concepts w/Lab (5 credits)

CHEM& 121: Introduction to Chemistry (5 credits)

NUTR& 101: Nutrition (5 credits)

Or Chose from the Natural Science Distribution List

*Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

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## 16. Chemical Dependency Counseling with Diverse Populations

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SUDS 202 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113, and 121 or instructor permission*

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## 17. Group Counseling: Theories and Applications

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SUDS 215 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 and 113 both with a grade of C or better*

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## 18. General Psychology

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PSYC& 100 (5 credits)

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## 19. Employment Portfolio Seminar

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COLL 289 (1 credit)

*Pre- and/or co-requisite(s): Meet with SUDS advisor*

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## 20. Relapse Prevention and Intervention

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SUDS 203 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, and 113 or instructor permission*

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## 21. Cooperative Work Experience

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SUDS 288 (1-15 credits)

*Pre- and/or co-requisite(s):* Instructor or Cooperative Education Coordinator permission  
 Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

## 22. Introduction to Sociology: DIV

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SOC& 101 (5 credits)

## 23. Dynamic of the Family and Chemical Dependency

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SUDS 201 (3 credits)

*Pre- and/or co-requisite(s):* SUDS 101, 102, 113 and 215 with a C or better.

## 24. Cooperative Work Experience

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SUDS 288 (1-15 credits)

*Pre- and/or co-requisite(s):* Instructor or Cooperative Education Coordinator permission  
 Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

## 25. Lifespan Psychology

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PSYC& 200 (5 credits)

*Pre- and/or co-requisite(s):* PSYC& 100 or instructor permission

## 26. Co-Occur Disorders: Mental Health Disorders in SUDS

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SUDS 220 (3 credits)

*Pre- and/or co-requisite(s):* SUDS 101, 102 and 113 with a grade of C or better or instructor permission



## Program Maps for Health Sciences and Wellness ( [lowercolumbia.edu/program-maps/health](http://lowercolumbia.edu/program-maps/health) )

- **Health and Fitness - AA-DTA (with Fitness Specialist Certificate) ( [lowercolumbia.edu/program-maps/health/AADTA-Health-and-Fitness](http://lowercolumbia.edu/program-maps/health/AADTA-Health-and-Fitness) )**
- **Medical Assisting - AAS ( [lowercolumbia.edu/program-maps/health/AAS-Medical-Assisting](http://lowercolumbia.edu/program-maps/health/AAS-Medical-Assisting) )**
- **Medical Assisting - AAS-T (BAS-OLTM option) ( [lowercolumbia.edu/program-maps/health/AAS-T-Medical-Assisting-BAS-OLTM-option](http://lowercolumbia.edu/program-maps/health/AAS-T-Medical-Assisting-BAS-OLTM-option) )**
- **Medical Assisting - COP ( [lowercolumbia.edu/program-maps/health/COP-Medical-Assisting](http://lowercolumbia.edu/program-maps/health/COP-Medical-Assisting) )**

- **Nursing - AN-DTA/MRP (LPN2RN Campus Based Opt-in Option) ( [lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-Campus-Based-Opt-in-Option](http://lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-Campus-Based-Opt-in-Option) )**
- **Nursing - AN-DTA/MRP ( [lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing](http://lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing) )**
- **Nursing - AN-DTA/MRP (LPN2RN eLearning Option) ( [lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-eLearning](http://lowercolumbia.edu/program-maps/health/ANDTAMRP-Nursing-LPN2RN-eLearning) )**
- **Nursing - Associate in Pre-Nursing APN-DTA/MRP ( [lowercolumbia.edu/program-maps/health/AADTA-MRP-Pre-Nursing](http://lowercolumbia.edu/program-maps/health/AADTA-MRP-Pre-Nursing) )**
- **Nursing Assistant - COC ( [lowercolumbia.edu/program-maps/health/COC-Nursing-Assistant](http://lowercolumbia.edu/program-maps/health/COC-Nursing-Assistant) )**
- **Pre-Dental Hygiene - AA ( [lowercolumbia.edu/program-maps/health/AA-Pre-Dental-Hygiene](http://lowercolumbia.edu/program-maps/health/AA-Pre-Dental-Hygiene) )**
- **Substance Use Disorder Studies - AA/DTA ( [lowercolumbia.edu/program-maps/health/AADTA-Substance-Use-Disorder-Studies](http://lowercolumbia.edu/program-maps/health/AADTA-Substance-Use-Disorder-Studies) )**
- **Substance Use Disorder Studies - AAS ( [lowercolumbia.edu/program-maps/health/AAS-Substance-Use-Disorder-Studies](http://lowercolumbia.edu/program-maps/health/AAS-Substance-Use-Disorder-Studies) )**
- **Substance Use Disorder Studies - AAS-T (BAS-OLTM option) ( [lowercolumbia.edu/program-maps/health/AAS-T-Substance-Use-Disorder-Studies-BAS-OLTM-option](http://lowercolumbia.edu/program-maps/health/AAS-T-Substance-Use-Disorder-Studies-BAS-OLTM-option) )**