

# Program map for Substance Use Disorder Studies Associate in Applied Science (AAS)

2024-25



[Return to Health Sciences and Wellness Program Maps \(lowercolumbia.edu/program-maps/health\)](https://lowercolumbia.edu/program-maps/health)

The Substance Use Disorder Studies program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Chemical Dependency Professional (CDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

All SUDS students-transfer or non-transfer- need the AAS

[View this program in the LCC Catalog \(lowercolumbia.edu/publications/catalog/programs/Health-AAS-Substance-Use-Disorder-Studies\)](https://lowercolumbia.edu/publications/catalog/programs/Health-AAS-Substance-Use-Disorder-Studies)

## See also

- [Degree Requirements for Health Sciences and Wellness programs \(lowercolumbia.edu/programs/health\)](https://lowercolumbia.edu/programs/health)
- [Course descriptions in the LCC Catalog \(lowercolumbia.edu/publications/catalog/courses\)](https://lowercolumbia.edu/publications/catalog/courses)
- [Distribution lists in the LCC Catalog \(lowercolumbia.edu/publications/catalog/distribution-lists\)](https://lowercolumbia.edu/publications/catalog/distribution-lists)

**Important:** Many course sequences only begin in fall quarter. Check with your program advisor.

## By Quarter Overview

### First Quarter

- COLL 101: College Success 101 (2 credits)
- SUDS 101: Introduction to Addiction and Chemical Dependency (5 credits)
- SUDS 109: Process of Addiction and Compulsive Behaviors (4 credits)

- SUDS 113: Treatment Principles of Chemical Dependency (3 credits)
  - *SUDS 101 or concurrent enrollment\**

*\*Pre- and/or co-requisite(s)*

*If you are planning to transfer to a university speak with your SUDS advisor about your options and program requirements.*

## Second Quarter

- SUDS 102: Introduction to Theory and Counseling of Chemically Dependent Clients (3 credits)
  - *SUDS 101 with a C grade or higher\**
- SUDS 105: Chemical Dependency/Domestic Violence (3 credits)
- SUDS 121: Legal and Ethical Issues in SUDS (3 credits)
- SUDS 114: Suicide Assessment, Prevention and Crisis Management (2 credits)
- ENGL& 101: English Composition I (5 credits)
  - *College placement or ENGL 099 or TECH 105 with a grade of C or better\**

*\*Pre- and/or co-requisite(s)*

## Third Quarter

- SUDS 107: Adolescent Developmental Issues and Chemical Dependency (3 credits)
- SUDS 110: Alcohol/Drug Pathophysiology and Pharmacology (3 credits)
  - *SUDS 101, 102, 113 with a C grade or higher\**
- SUDS 111: Record Keeping and Case Management (3 credits)
  - *SUDS 101, 102, 113 with a C grade or higher \**
- MATH 105: Math for Health Science or MATH& 146: Introduction to Statistics (5 credits)
  - *MATH 097 or MATH 098 with a grade of C or better or appropriate placement test score to enter into MATH& 146\**
- HLTH 100: Occupational Safety and Health (3 credits)

*\*Pre- and/or co-requisite(s)*

*MATH& 146 is recommended for students planning to transfer to a university. MATH 105 will not meet university graduation requirements for their SUDP program. Meet with your advisor if you have questions.*

**Speak with SUDS advisor about SUDS 288 Cooperative Education options.**

## Fourth Quarter

- Choose one Natural Science course\*\* (5 credits):
  - BIOL& 100: Survey of Biology
  - BIOL& 160: General Biology with Lab: Cell/Molecular
  - BIOL& 241: Human A & P I
  - BIOL& 242: Human A&P II
  - CHEM& 110: Chemical Concepts w/Lab
  - CHEM& 121: Introduction to Chemistry
  - NUTR& 101: Nutrition
  - Or choose from the Natural Science Distribution List
- SUDS 202: Chemical Dependency Counseling with Diverse Populations (3 credits)
  - *SUDS 101, 102, 113, and 121 or instructor permission\**
- SUDS 215: Group Counseling: Theories and Applications (3 credits)
  - *SUDS 101 and 113 both with a grade of C or higher\**
- PSYC& 100: General Psychology (5 credits)
- COLL 289: Employment Portfolio Seminar (1 credit)

*\*Pre- and/or co-requisite(s)*

*\*\*Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

Turn in graduation application to registration. ([lowercolumbia.edu/graduation](http://lowercolumbia.edu/graduation))

## Fifth Quarter

- SUDS 203: Relapse Prevention and Intervention (3 credits)
  - *SUDS 101, 102, and 113 or instructor permission\**
- SUDS 288: Cooperative Work Experience (1-15 credits)
  - Instructor or Cooperative Education Coordinator permission Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294\*
- SOC& 101: Introduction to Sociology: DIV (5 credits)

*\*Pre- and/or co-requisite(s)*

## Sixth Quarter

- SUDS 201: Dynamic of the Family and Chemical Dependency (3 credits)
  - *SUDS 101, 102, 113 and 215 with a C or better.\**
- SUDS 288: Cooperative Work Experience (1-15 credits)
  - Instructor or Cooperative Education Coordinator permission
  - Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294\*
- PSYC& 200: Lifespan Psychology (5 credits)
  - *PSYC& 100 or instructor permission\**
- SUDS 220: Co-Occur Disorders: Mental Health Disorders in SUDS (3 credits)
  - *SUDS 101, 102, and 113 with a grade of C or better or instructor permission\**

*\*Pre- and/or co-requisite(s)*

## **Detailed Class Sequence**

### **1. Introduction to Addiction and Chemical Dependency**

SUDS 101 (5 credits)

### **2. Process of Addiction and Compulsive Behaviors**

SUDS 109 (4 credits)

### **3. Treatment Principles of Chemical Dependency**

SUDS 113 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 with a C grade or higher or concurrent enrollment*

### **4. College Success 101**

COLL 101 (2 credits)

### **5. Introduction to Theory and Counseling of Chemically Dependent Clients**

SUDS 102 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 with a C grade or higher*

### **6. Chemical Dependency/Domestic Violence**

SUDS 105 (3 credits)

### **7. Legal and Ethical Issues in SUDS**

SUDS 121 (3 credits)

### **8. Suicide Assessment, Prevention and Crisis Management**

SUDS 114 (2 credits)

### **9. English Composition I**

ENGL& 101 (5 credits)

*Pre- and/or co-requisite(s): College placement or ENGL 099 or TECH 105 with a grade of C or better*

## **10. Adolescent Developmental Issues and Chemical Dependency**

SUDS 107 (3 credits)

## **11. Alcohol/Drug Pathophysiology and Pharmacology**

SUDS 110 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113 with a C grade or higher*

## **12. Record Keeping and Case Management**

SUDS 111 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113 with a C grade or higher*

## **13. Math for Health Science or Introduction to Statistics**

MATH 105 or MATH& 146 (5 credits)

*Pre- and/or co-requisite(s): MATH 099 or MATH 097 with a grade of C or better or appropriate placement test score to enter into MATH& 146*

## **14. Occupational Safety and Health**

HLTH 100 (3 credits)

## **15. Natural Science Course**

Choose one:

BIOL& 100: Survey of Biology (5 credits)

BIOL& 160: General Biology with Lab: Cell/Molecular (5 credits)

BIOL& 241: Human A & P I (5 credits)

BIOL& 242: Human A&P II (5 credits)

CHEM& 110: Chemical Concepts w/Lab (5 credits)

CHEM& 121: Introduction to Chemistry (5 credits)

NUTR& 101: Nutrition (5 credits)

Or Chose from the Natural Science Distribution List

*Please see catalog for pre- and/or co-requisite(s) for selected course(s)*

## **16. Chemical Dependency Counseling with Diverse Populations**

SUDS 202 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113, and 121 or instructor permission*

## **17. Group Counseling: Theories and Applications**

SUDS 215 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101 and 113 both with a grade of C or better*

## **18. General Psychology**

PSYC& 100 (5 credits)

## **19. Employment Portfolio Seminar**

COLL 289 (1 credit)

*Pre- and/or co-requisite(s): Meet with SUDS advisor*

## **20. Relapse Prevention and Intervention**

SUDS 203 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, and 113 or instructor permission*

## **21. Cooperative Work Experience**

SUDS 288 (1-15 credits)

*Pre- and/or co-requisite(s): Instructor or Cooperative Education Coordinator permission*

Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

## **22. Introduction to Sociology: DIV**

SOC& 101 (5 credits)

## **23. Dynamic of the Family and Chemical Dependency**

SUDS 201 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102, 113 and 215 with a C or better.*

## **24. Cooperative Work Experience**

SUDS 288 (1-15 credits)

*Pre- and/or co-requisite(s): Instructor or Cooperative Education Coordinator permission*

Concurrent requirements: COLL 289 or BTEC 294 or BUS 294 or IT 294

## **25. Lifespan Psychology**

PSYC& 200 (5 credits)

*Pre- and/or co-requisite(s): PSYC& 100 or instructor permission*

## **26. Co-Occur Disorders: Mental Health Disorders in SUDS**

SUDS 220 (3 credits)

*Pre- and/or co-requisite(s): SUDS 101, 102 and 113 with a grade of C or better or instructor permission*