

# Policy 243 - Employee Wellness Policy

Lower Columbia College is committed to the wellness of its faculty and staff. Recognizing that employees perform their best when they are healthy and that optimal employee performance is necessary for the college to achieve its mission, the Wellness Committee will provide wellness tools, resources, and activities.

## Historic Information

- Reviewed - No Changes Needed: July 13, 2022
- Reviewed by the Executive Leadership Team: June 19, 2019
- Adopted: June 1, 2015

Resource/Reference/Procedure	Title	Unit Responsibility
<a href="https://www.lowercolumbia.edu/publications/administrative-policies/_assets/documents/RDWPParticipationGuidelines.pdf">RDW Participation Guidelines (lowercolumbia.edu/publications/administrative-policies/_assets/documents/RDWPParticipationGuidelines.pdf)</a>	Red Devil Wellbeing Participation Guidelines	Red Devil Wellbeing Committee/ Human Resources