Nutrition (NUTR)

NUTR&101 S,F,W,Sp 5 credits
NUTRITION NS
Develops an understanding of the importance of the science of nutrition and dietary recommendations to maintenance of a healthy life. Students will learn the principles of nutrition as they apply to macro-nutrients and metabolic pathways. Application of vitamins, minerals, and special nutritional requirements at different stages of the life cycle, as well as current issues in nutrition will be considered. This course does not include a lab. (Formerly known as CHEM 120)
Prerequisite: None