Human Development (HDEV)

HDEV 100 New Student Orientation
1 credit , REEL
Quarter(s): S, F, W, Sp

Helps students gain in-depth knowledge of the enrollment process, student rights and responsibilities, and college policies and procedures. Emphasizes activities and services available in Career and Employment Services, Computer Labs, the Learning Center, Financial Aid, and the LCC Library. Students will be required to attend two student success series workshops.

Prerequisite: None

HDEV 101 Career Exploration and Planning
1 – 3 credits , REEL
Quarter(s): F, W, Sp

Uses student assessments and activities to decide aptitude and ability in combination with personality traits and personal goals to match students with potential careers. Students will explore careers, develop career goals, and map out educational plans to meet career goals.

Prerequisite: None

HDEV 106 Activities/Events Programming
1 – 2 credits , REEL

Involves students in development and implementation of variety of co-curricular activities. Students learn to organize educational, cultural, social, and recreational programs for campus community, as well as budget development, committee participation, and cooperative programming with campus and community organizations. Students enrolled for one credit either serve on the ASLCC Programming Board as a program director or some combination of programming committee(s) and or special projects assignment(s). Additional credit is available for additional committee or project responsibilities. This course is offered on a pass/fail basis. Lab hours are required for this course.

Prerequisite: None

HDEV 107 Activities/Events Programming
1 – 2 credits , REEL

Involves students in development and implementation of variety of co-curricular activities. Students learn to organize educational, cultural, social, and recreational programs for campus community, as well as budget development, committee participation, and cooperative programming with campus and community organizations. Students enrolled for one credit either serve on the ASLCC Programming Board as a program director or some combination of programming committee(s) and or special projects assignment(s). Additional credit is available for additional committee or project responsibilities. This course is offered on a pass/fail basis. Lab hours are required for this course.

Prerequisite: None

HDEV 108 Activities/Events Programming
1 – 2 credits , REEL

Involves students in development and implementation of variety of co-curricular activities. Students learn to organize educational, cultural, social, and recreational programs for campus community, as well as budget development, committee participation, and cooperative programming with campus and community organizations. Students enrolled for one credit either serve on the ASLCC Programming Board as a program director or some combination of programming committee(s) and or special projects assignment(s). Additional credit is available for additional committee or project responsibilities. This course is offered on a pass/fail basis. Lab hours are required for this course.

Prerequisite: None

Checked for Accessibility: Gavin Montes, ECR, 06/29/2026, Adobe Acrobat Accessibility Checker

HDEV 110 Job Finding Skills
1 – 3 credits , REEL

Provides effective job search techniques, including identification of transferable skills, job applications, job readiness, and creative job search. Students should be ready to conduct an active job search.

Prerequisite: None

HDEV 115 Stress Management
2 credits , REEL

Focuses on developing effective life coping skills as related to interpersonal, work, family, and academic stressors. Students examine their beliefs, emotions, and self-defeating behaviors.

Prerequisite: None

HDEV 116 Leadership and Student Government
1 – 3 credits , REEL

Offers experience in elections, meeting procedure, college and ASLCC committees, planning and conducting governance activities, planning and managing budgets, deliberating issues and setting goals for student welfare, and effective leadership responsibilities. Students enrolled in this class are voting members of the Executive Council of the ASLCC. Lab hours are required for this course.

Prerequisite: Instructor permission

HDEV 117 Leadership and Student Government
1 – 3 credits , REEL

Offers experience in elections, meeting procedure, college and ASLCC committees, planning and conducting governance activities, planning and managing budgets, deliberating issues and setting goals for student welfare, and effective leadership responsibilities. Students enrolled in this class are voting members of the Executive Council of the ASLCC. Lab hours are required for this course.

Prerequisite: Instructor permission

HDEV 118 Leadership and Student Government
1 – 3 credits , REEL

Offers experience in elections, meeting procedure, college and ASLCC committees, planning and conducting governance activities, planning and managing budgets, deliberating issues and setting goals for student welfare, and effective leadership responsibilities. Students enrolled in this class are voting members of the Executive Council of the ASLCC. Lab hours are required for this course.

Prerequisite: Instructor permission

HDEV 120 Individual and Group Relations
1 credit , REEL
Quarter(s): S, F, W, Sp

Extends to students opportunities in transfer information, goal setting, and other areas related to behavior change. Course may be repeated up to six times for a total of 6 credits.

Prerequisite: None

HDEV 125 Assertiveness Training
2 credits , REEL

Examines interpersonal dynamics of relationships and personality. Students explore fears and anxieties connected to their interpersonal conflicts, as well as the impact of their personality on communication and behavior.

Prerequisite: None

HDEV 127 Student Support Services
1 – 3 credits , REEL

This variable 1 - 3 credit course is designed to increase the retention, graduation, and transfer rate of first generation, low-income, and students with disabilities who are enrolled as Student Support Services participants. This course will expose students to strategies and activities designed to enhance a student's ability to learn, develop educational perspective, and improve academic performance. Emphasis on each student's Individualized Academic

Checked for Accessibility: Gavin Montes, ECR, 06/29/2026, Adobe Acrobat Accessibility Checker

Plan and personal needs will determine the class content. Lab hours are required for this course.

Prerequisite: None

HDEV 128 Transfer Planning
1 credit , REEL

Facilitates the transfer process and increases the transfer rate of students who are first-generation, low-income, and/or DSS eligible, and who are enrolled as TRiO Student Support services participants. Exposes students to strategies and activities relevant to the process of choosing, applying, and enrolling as a transfer student at a 4-year institution. Emphasis on each student's long-range academic and career plan will determine the class content. This is a stand alone course that can be repeated for up to 3 credits. Tuition waived via TRiO-SSS Grant.

Prerequisites: None

HDEV 145 Anger Management
2 credits , REEL

Encourages students to examine irrational beliefs and self-defeating behaviors. Focus is on covert and overt behaviors contributing to the power held by our "intimate enemies."

Prerequisite: None

HDEV 150 Psychology of Humor
1 – 3 credits , REEL

Engages students in laughter and play. Focuses on biological and psychological effects of humor. Designed to help students develop health-conscious environment, manage pain, cope with emotional issues, and reduce stress. Pass/Fail grade.

Prerequisite: None

HDEV 165 Lead:Leadership Exploration and Development
2 credits , REEL

Develops leadership skills and abilities. Introduces philosophical, theoretical, and practical elements of leadership. Increases self-awareness of personality type, communication skills, and learning styles. Explores leadership styles, skills, qualities and situations. Develops self-reliance, conflict resolution strategies, and team building skills. Addresses transferability of skills from real-life settings (such as the athletic field or court) to the learning environment and work place. Open only to student athletes.

Prerequisites: Instructor permission.

HDEV 206 Activities/Events Programming
1 – 2 credits , REEL

Involves students in development and implementation of variety of co-curricular activities. Students learn to organize educational, cultural, social, and recreational programs for campus community, as well as budget development, committee participation, and cooperative programming with campus and community organizations. Students enrolled for one credit either serve on the ASLCC Programming Board as a program director or some combination of programming committee(s) and or special projects assignment(s). Additional credit is available for additional committee or project responsibilities. This course is offered on a pass/fail basis. Lab hours are required for this course.

Prerequisite: None

HDEV 207 Activities/Events Programming
1 – 2 credits , REEL

Involves students in development and implementation of variety of co-curricular activities. Students learn to organize educational, cultural, social, and recreational programs for campus community, as well as budget development, committee participation, and cooperative programming with campus and community organizations. Students enrolled for one credit either serve on the ASLCC Programming Board as a program director or some combination of programming committee(s) and or special projects assignment(s). Additional credit is available for additional committee or project

Checked for Accessibility: Gavin Montes, ECR, 06/29/2026, Adobe Acrobat Accessibility Checker

responsibilities. This course is offered on a pass/fail basis. Lab hours are required for this course.

Prerequisite: None

HDEV 208 Activities/Events Programming
1 – 2 credits , REEL

Involves students in development and implementation of variety of co-curricular activities. Students learn to organize educational, cultural, social, and recreational programs for campus community, as well as budget development, committee participation, and cooperative programming with campus and community organizations. Students enrolled for one credit either serve on the ASLCC Programming Board as a program director or some combination of programming committee(s) and or special projects assignment(s). Additional credit is available for additional committee or project responsibilities. This course is offered on a pass/fail basis. Lab hours are required for this course.

Prerequisite: None

HDEV 216 Leadership and Student Government
1 – 3 credits , REEL

Offers experience in elections, meeting procedure, college and ASLCC committees, planning and conducting governance activities, planning and managing budgets, deliberating issues and setting goals for student welfare, and effective leadership responsibilities. Students enrolled in this class are voting members of the Executive Council of the ASLCC. Lab hours are required for this course.

Prerequisite: Instructor permission

HDEV 217 Leadership and Student Government
1 – 3 credits , REEL

Enhances students' ability to become effectual leaders in educational or work environment through situational leadership, teamwork, motivational techniques, ethical decision-making, budgeting, and various seminars. Students will represent student constituency through governmental process. Lab hours are required for this course.

Prerequisite: Instructor permission

HDEV 218 Leadership and Student Government
1 – 3 credits , REEL

Enhances students' ability to become effectual leaders in educational or work environment through situational leadership, teamwork, motivational techniques, ethical decision-making, budgeting, and various seminars. Students will represent student constituency through governmental process. Lab hours are required for this course.

Prerequisite: Instructor permission

HDEV 221 Peer Mentoring I
2 credits , REEL

Introduces Peer Mentoring principles to Student Support services Peer Mentors to increase the retention, graduation, and transfer rate of first-generation, low-income, and students with disabilities who are enrolled as Student Support Services first-year participants. Exposes Student Support Services Peer Mentors to strategies and activities designed to enhance first-year students' abilities to learn, develop educational perspective, and improve academic performance. Topics include leadership, communication, conflict resolution, stress management, and various other mentoring skillsets. Maximum number of credits possible: 2. Tuition waived.

Prerequisites: Students must be chosen to be Student Support Services Peer Mentors to enroll in the course.

HDEV 222 Peer Mentoring II
2 credits , REEL

Provides additional instruction for Peer Mentoring principles to Student Support services Peer Mentors to increase the retention, graduation, and transfer rate of first-generation, low-income, and students with disabilities who are enrolled as Student

Checked for Accessibility: Gavin Montes, ECR, 06/29/2026, Adobe Acrobat Accessibility Checker

Support Services first-year participants. Exposes Student Support Services Peer Mentors to strategies and activities designed to enhance first-year students' abilities to learn, develop educational perspective, and improve academic performance. Topics include leadership, communication, conflict resolution, stress management, and various other mentoring skillsets. Maximum number of credits possible: 2. Tuition waived.

Prerequisites: HDEV 221 or instructor permission.

HDEV 223 Peer Mentoring III
1 credit , REEL

Concludes training for Peer Mentoring principles to Student Support services Peer Mentors to increase the retention, graduation, and transfer rate of first-generation, low-income, and students with disabilities who are enrolled as Student Support Services first-year participants. Exposes Student Support Services Peer Mentors to strategies and activities designed to enhance first-year students' abilities to learn, develop educational perspective, and improve academic performance. Topics include leadership, communication, conflict resolution, stress management, and various other mentoring skillsets. Maximum number of credits possible: 2. Tuition waived.

Prerequisites: HDEV 222 or instructor permission.

HDEV 288 Cooperative Work Experience
1 – 15 credits

Provides work-based learning experience in a specific program of study. Individualized student outcomes are developed, focusing on behaviors that contribute to workplace success.

Prerequisites: Instructor or Cooperative Education Coordinator permission
Concurrent requirements: COLL 289 or BUS 294 must be taken prior to or concurrent with this course.

HDEV 299 Independent Study
1 – 10 credits

Offers individualized learning opportunities for knowledge or skill development. Content and expectations are established between the student and instructor, and documented in an Independent Study contract.

Prerequisites: By instructor permission only.

HDEV 75 Journeys-A Workshop for Women
2 credits

Targets women in life transitions - divorce, empty nest, job loss, etc., and provides them with tools to understand the challenges involved in change and new beginnings. Explores the process of transition, models of adapting to change, self awareness, and self assessment. Participants will explore educational and career options, with a focus on non-traditional careers that offer high-wage, high-demand opportunities, and develop a personal Success Plan. Meets for seven weeks and is graded on a pass/fail basis.

Prerequisite: None

HDEV 80 Transitions
2 – 7 credits

Explores and develops the coping skills, attitudes, and behaviors needed to deal with job loss or underemployment and move forward with career and life planning. Main topics include dealing with job loss, assessing interests and skills, career exploration, goal setting, and job finding skills. Additional topics may include specialized skill assessment, financial management, utilizing community resources, advanced interview preparation, computerized job search. Skill building in reading, writing, math, and computers may also be integrated with these studies. Lab hours are required for this course.

Prerequisite: None

HDEV 90 Success By Your Design
2 credits

Explores the connection between their thoughts and behaviors. Students will apply concepts in this interactive course to

Checked for Accessibility: Gavin Montes, ECR, 06/29/2026, Adobe Acrobat Accessibility Checker

cultivate "Thought patterns for a Successful Career." Through self-reflection and discussion, students will examine thought processes and how to control them, as well as understand how the mind works to create beliefs, habits, and attitudes, thus re-calibrating them for success.

Prerequisite: None.

Checked for Accessibility: Gavin Montes, ECR, 06/29/2026, Adobe Acrobat Accessibility Checker