

Substance Use Disorder Studies (SUDS)

SUDS 101 Introduction to Substance Use Disorders

5 credits | SOCS

Quarter(s): S, F, W, Sp

Introduces substance use disorders, including diagnostic criteria, socio-cultural aspects, substance use progression, treatment, and prevention. Discusses various substances involved in substance use disorders and their effects on health and behavior. Describes basic treatment principles and models. Foundational course for students interested in a career in the substance use disorders field.

Prerequisites: None

SUDS 102 Introduction to Theories and Counseling

3 credits | REEL

Quarter(s): W

Introduces the student to the need for a theoretical base for substance use disorder counseling. Students will learn the fundamental concepts of at least three contemporary theories of counseling, and will gain a working knowledge of brief therapy.

Prerequisites: SUDS 101

SUDS 105 Substance Use Disorders/ Domestic Violence

3 credits | REEL

Quarter(s): W

Examines the relationship of substance use disorders and intimate relationship abuse, neglect and harm. Analyses family violence as well as the legal and social impact on society and the family system.

Prerequisites: None

SUDS 107 Adolescent Substance Use Disorder Assessment and Treatment

3 credits | REEL

Quarter(s): Sp

Examines treatment modalities and screening tools used while working with adolescents. Delineates adolescent developmental stages and their influence on adolescent substance use, dependence, including the impact on cognitive and socioemotional development. Examines the impact on the family system, society and challenges specific to adolescent substance use diagnosis, treatment and recovery. Explores the challenges of treating adolescents experiencing co-occurring disorders.

Prerequisites: None

SUDS 109 Process of Addiction and Compulsive Behaviors

4 credits | REEL

Quarter(s): F

Explores compulsive behaviors and addiction from various perspectives. Examines the principles of addiction, features of compulsive behaviors, risk factors, and signs and symptoms related to the recovery process. Includes discussion of addiction and compulsive behaviors in populations that have been traditionally marginalized.

Prerequisites: None

SUDS 110 Alcohol/Drug Pathophysiology and Pharmacology
3 credits | REEL

Quarter(s): Sp

Examines the pharmacological effects on the human body with an emphasis on the pathophysiological process of alcohol and other drugs. Explores drug classifications, prescription and non-prescription, drug interactions, and poly-substance use. Analyzes the detoxification process related to acute and post-acute withdrawal signs and symptoms. Explores the effects of maternal substance use on prenatal development.

Prerequisites: SUDS 101, 102, 113

SUDS 111 Record Keeping and Case Management

3 credits | REEL

Quarter(s): Sp

Analyses skills required for case management and record keeping. Discusses documentation, screening, intake procedures, assessment, treatment planning, clinical progress notes and reports. Introduces discharge summaries, confidentiality laws and responsibilities. Introduces service coordination, treatment plan implementation and continued assessment of goals and objectives. Introduction to American Society of Addiction Medicine (ASAM) treatment recommendation standards when determining levels of care for SUD treatment.

Prerequisites: SUDS 101, 102, 113

SUDS 113 Substance Abuse and Addiction Treatment Methods

3 credits | REEL

Quarter(s): F

Introduces the process and principles for effectively treating moderate to severe substance use disorders/addictions. Examines the importance of using a developmental approach when treating addiction and explains the counselor's role in assisting the client while moving through the stages of recovery. Introduces various approaches and methods such as motivation interviewing and fundamental counseling skills.

Prerequisites: SUDS 101

SUDS 114 Suicide Assessment, Prevention, and Crisis Management
2 credits | REEL

Quarter(s): W

Presents methods for assessing suicide risk, intervention techniques and suicide prevention strategies. Explores crisis management methods. Discusses the legalities involved in suicide assessment, prevention and mandatory reporting.

Prerequisites: None

SUDS 121 SUD Professional and Ethical Responsibilities

3 credits | REEL

Quarter(s): W

Explores the history of legal, ethical and professional codes applicable to the substance use disorder profession. Examines ethical decision making, confidentiality, boundaries and maintaining the professional counselor/client relationship within a multicultural context.

Prerequisites: None

SUDS 201 SUD and the Family System**3 credits | REEL****Quarter(s): Sp**

Examines counseling strategies for substance use, abuse and addiction within the context of the family system dynamic. Introduces client, family and community education and treatment modalities.

Prerequisites: SUDS 101, 102, 113, 215

SUDS 202 SUD Counseling with Diverse Populations**3 credits | REEL****Quarter(s): F**

Introduces skills and responsibilities needed to work as a culturally aware substance use disorder counselor. Examines culture, ethnicity, race, sexual orientation, ability, age, gender, spiritual values, socioeconomic factors, underserved and marginalized populations. Students are expected to explore their own identities and assumptions towards bias, oppression, discrimination and marginalization.

Prerequisites: SUDS 101, 102, 113, 121

SUDS 203 Relapse Prevention and Intervention**3 credits | REEL****Quarter(s): W**

Introduces relapse prevention and interventions strategies. Discusses intervention and relapse processes and techniques. Discusses assessment, education, intervention, relapse, treatment planning, family system involvement and stress reduction.

Prerequisites: SUDS 101, 102, 113

SUDS 215 Group Counseling: Theories and Applications**3 credits | REEL****Quarter(s): F**

Introduces practices and the application of group counseling theories. Explores group counseling dynamics and techniques. Analyses the therapeutic benefit of group counseling. Examines the purposeful group experience and basic social process. Explores ethical practices within the group counseling setting. Introduces group counseling skills necessary for group facilitation.

Prerequisites: SUDS 101 and 113

SUDS 220 Co-Occurring Disorders: Mental Health Disorders in SUDS**3 credits | REEL****Quarter(s): Sp**

Examines the immediate and lasting mental and emotional impact of co-occurring disorders. Explores the co-occurring impact of substance use and mental health. Introduces best practice modalities used when treating individuals experiencing a co-occurring disorder.

Prerequisites: SUDS 101, 102, 113

SUDS 288 Cooperative Work Experience**1-15 credits**

Provides work-based learning experience in a specific program of study. Individualized student outcomes are developed, focusing on behaviors that contribute to workplace success.

Prerequisites: Instructor or Cooperative Education Coordinator permission

Concurrent requirements: COLL 289 or BUS 294 must be taken prior to or concurrent with this course.

SUDS 299 Independent Study**1-10 credits**

Offers individualized learning opportunities for knowledge or skill development. Content and expectations are established between the student and instructor, and documented in an Independent Study contract.

Prerequisites: By Instructor Permission only.