

**Associate in Applied Science (AAS)**

# Substance Use Disorder Studies

The Substance Use Disorder program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Substance Use Disorder Professional (SUDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

For a roadmap that identifies the preferred sequencing of courses and other specific recommendations from faculty, please see the corresponding program map(s):

- **Substance Use Disorder Studies - AAS ( [lowercolumbia.edu/program-maps/health/AAS-Substance-Use-Disorder-Studies](http://lowercolumbia.edu/program-maps/health/AAS-Substance-Use-Disorder-Studies) )**

## Degree Requirements

- **Communications:**  
5 credits - ENGL& 101 English Composition I.
- **Quantitative Skills:**  
5 credits – MATH 105 Math for Health Sciences OR higher (MATH 105 is not accepted for AA-DTA)
- **Human Relations / Social Science:**  
5 credits – PSYC& 100 General Psychology.
- **Natural Sciences:**  
5 or 6 credits – Choose from the following: BIOL& 100 Survey of Biology (5 cr.), OR BIOL& 170 Human Biology (5 cr.), OR BIOL& 241 Human A & P I (5 cr.), OR BIOL& 242 Human A & P II (5 cr.), OR CHEM& 100 Preparatory Chemistry (5 cr.), OR NUTR& 101 Nutrition (5 cr.)
- **Diversity:**  
5 credits – choose SOC& 101 Intro to Sociology:DIV OR CMST 250 (was SPCH 109) Intercultural Communications:DIV.
- **Electives:**  
8 credits minimum.

## Program Requirements

SUDS 101	Intro to Substance Use Disorders	5
SUDS 102	Intro to Theories and Counseling	3

SUDS 107	Adolescent Substance Use Disorder Assess/Treat	3
SUDS 110	Alcohol/Drug Pathophysiology and Pharmacology	3
SUDS 111	Record Keeping and Case Management	3
SUDS 113	Substance Abuse and Addiction Treatment Methods	3
SUDS 121	SUD Professional and Ethical Responsibilities	3
SUDS 201	SUD and the Family System	3
SUDS 202	SUD Counseling with Diverse Populations	3
SUDS 203	Relapse Prevention and Intervention	3
SUDS 215	Group Counseling: Theories/Applications	3
SUDS 220	Co-Occurring Disorders	3
SUDS 288	Cooperative Work Experience	10
COLL 289	Employment Portfolio Seminar	1
HLTH 100	Occupational Safety and Health	3
PSYC& 200	Lifespan Psychology	5

## Electives

(choose 2 or 3 of the following for a minimum of 8 credits)

SUDS 105	Substance Use Disorders/ Domestic Violence	3
SUDS 109	Process of Addiction/ Compulsive Behaviors	4
SUDS 114	Suicide Assessment/ Prevention/Crisis Mgmt	2
PSYC& 220	Abnormal Psychology	5

(PSYC& 220 not offered every quarter. Check with advisor.)
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**Diversity and Distribution Lists ( [lowercolumbia.edu/publications/catalog/diversity-lists](https://lowercolumbia.edu/publications/catalog/diversity-lists) )** are available in the Lower Columbia College Catalog located at [lowercolumbia.edu/catalog](https://lowercolumbia.edu/catalog).

*Total credits required to earn this degree: 90-92 with a "C" or higher in the program requirements.*

## **Students completing this program should acquire the following skills and abilities:**

- Demonstrate critical thinking by applying objective, valid methods of inquiry and problem solving to draw rational, ethical, and coherent conclusions to client situations in chemical dependency.
- Demonstrate competency in chemical dependency principles, topics, knowledge and skills.
- Communicate effectively with faculty, peers, clients, client family systems, health care professionals, community agencies and the judicial system.
- Incorporate interpersonal skills and caring behaviors in interactions with faculty, peers, clients, client family systems, health care professionals, community agencies, the judicial system and employers.

***Revised February 2023 (effective Summer 2023)***

### **Notes:**

Program planning is based on information available at the time of preparation. It is the student's responsibility to meet with their LCC advisor. Consult the LCC catalog for LCC graduation requirements.