

Child's Name: _____

Date: _____

Lower Columbia College Head Start/EHS/ECEAP
Home Safety Checklist

Bathroom

- ☐ Give young children all of your attention when they are in and around water.
- ☐ Check the water temperature with your wrist or elbow before giving your child a bath.

Medication Safety

- ☐ Keep all medicine and vitamins out of children's reach and sight, even medicine you take every day.
- ☐ Write clear instructions for other caregivers about what medicine to give children, when to give it and how much to give.

Sleep Safety

- ☐ Make sure babies sleep on their backs and in their own crib. Room sharing is a safer option than having your baby sleep in bed with you.
- ☐ Choose a firm mattress and a fitted sheet for your baby's crib. Keep bed clear of bumper pads, toys and soft bedding in cribs.

Stairs and Windows

- ☐ Use approved safety gates at the top and bottom of stairs, and attach them to the wall, if possible.
- ☐ Properly install window guards or stops to help prevent falls from windows.

Fire and Carbon Monoxide Safety

- ☐ Make sure there is a working smoke alarms and carbon monoxide alarms on every level of your home. Test the batteries every month.
- ☐ Create and practice a home fire escape plan with your family. Know two ways out of every room in case of a fire. **Tip: Refer to Fire Escape Plan reviewed at home visit**
- ☐ Irons, toasters, hair-dryers, curling irons or similar appliances are unplugged when they are not in use.
- ☐ Fire extinguishers are in the master bedroom and kitchen and are labeled for use in all types of fires. They are located in a quick and easy to use location.

Preventing Burns

- ☐ Cook on the back burners of the stove when possible and keep pot handles turned away from the edge. Keep hot foods and liquids away from the edge of counters and tables.
- ☐ Ensure an adult is always present in the kitchen when food is cooking on the stove.
- ☐ Avoid holding a child while cooking on the stove. It is better to put your child in a high chair where you can still see them. **Tip: Ensure there is a "kid-free" zone of three feet around the stove when adults are cooking.**

(C: 07/14; R: 05/22)

Poison Prevention

- ☐ Store all household cleaning products and chemicals in their original containers, out of children's reach and sight. Use a labeling system for poisonous or dangerous chemicals such as the Mr. Yuk sticker system.
- ☐ Save the toll-free Poison Help number into your phone in case of emergency **1-800-222-1222**.

Preventing TV and Furniture Tip-Overs

- ☐ Mount flat-panel TVs to the wall and place large box-style TVs on a low, stable piece of furniture.
- ☐ Use brackets, braces or wall straps to secure unstable or top-heavy furniture to the wall.

Toy Safety

- ☐ When choosing a toy, read the instructions and warning labels. Make sure the toy is appropriate for your child's age and development.
- ☐ Sign up for product recalls at <http://www.safekids.org/product-recalls> or locate a specific item's safety history.
- ☐ Store separately guns and ammunition. Free gun locks are available at local police departments, no questions asked. www.projectchildsafe.org

Preventing Choking and Strangulation

- ☐ Keep small objects out of children's reach and sight. Look for and remove small items that are at your child's eye level.
- ☐ Keep cords and strings out of children's reach, including those attached to window blinds.
- ☐ Have a choking plan, make sure to cut up children's food and have them sitting while eating their food.
- ☐ Know infant, child and adult CPR, sign up for a class today!

Car Safety

- ☐ Are age appropriate child safety seats properly installed and used when children are riding in motor vehicles?
- ☐ Ensure everyone wears seatbelts (or rides in an age-appropriate, properly installed child safety seat) while riding in motor vehicles.
- ☐ Children are not left unattended in a motor vehicle (illegal, unsafe, dangerous)
- ☐ Focus is kept while driving and cell phones are not used while driving to text or make phone calls.