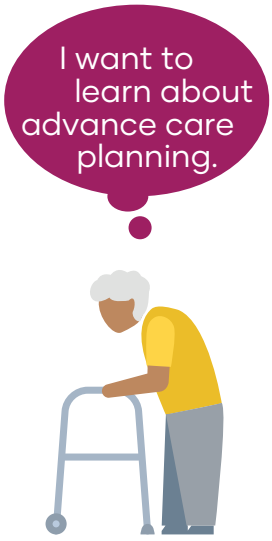
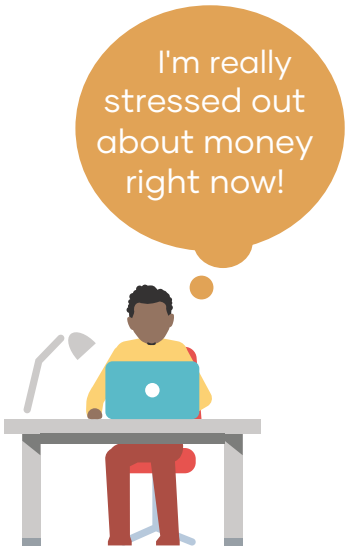
Employee Work/Life Resources

To help you make time for what matters most, the Employee Assistance Program offers free resources for you and your family members.



EMPLOYEE SUPPORT WEBSITE

- Access to a wide range of **work and life topics** such as parenting, aging, pets, wellness, mental health, grief, addiction and recovery, leadership, and career development.
- Articles with expert advice.
- **Self-search provider databases** for child and elder care, pet sitters, and more.
- **eLearnings** and **webinars** on workplace and personal life topics.
- Hundreds of legal forms, financial calculators, and access to **free tax software**.
- Savings Center providing **discounts** on merchandise and travel.



FINANCIAL COUNSELING

- Unlimited access to **free consultation** from an objective, pressure-free financial expert to help you get your finances in order.
- Help with a variety of topics – from **creating a monthly budget and managing credit and debit**, to purchasing a home or saving for college.
- Easy Access — no appointments needed during regular business hours, or evenings and weekends by appointment.
- Library of articles and **do-it-yourself tools** to manage finances.
- Online Will — **create basic, legally valid wills**, quickly and easily.

LEGAL COUNSULTATION

- **Support and resources** from a legal consultant by phone.
- **Free 30-minute consultation** with an attorney by telephone or in person on topics such as family law, criminal law, bankruptcy, adoption, elder care, wills and trusts, and consumer issues.
- In most cases, a **25%discounted hourly fee or 10%discount on flat fees** for ongoing services with the attorney is available if you need additional legal support.
- Nearly 100 **do-it-yourself legal forms.**
- Library of hundreds of legal articles and expert advice.

To get started, login to the website from any device or call:

eap.wa.gov/worklife | Org Code: LCC | 888-728-1408

eap WASHINGTON STATE