

Return to Campus Guide for Childcare

COVID Like Illness (CLI) Symptoms

- Required to stay home minimum of 24 hours
- Should test and/or see a health care provider
- Follow flowchart provided as a reference (page 2)

COVID Like Illness (CLI) Symptoms

- | | |
|---|--|
| <input type="checkbox"/> Fever ($\geq 100.4^{\circ}\text{F}$) or chills | <input type="checkbox"/> Congestion or runny nose |
| <input type="checkbox"/> Shortness of breath or difficulty breathing | <input type="checkbox"/> Nausea, vomiting, or diarrhea |
| <input type="checkbox"/> Muscle or body aches | <input type="checkbox"/> Headache |
| <input type="checkbox"/> New loss of taste or smell | <input type="checkbox"/> Fatigue |
| <input type="checkbox"/> Cough (new, changed, or worsening) | <input type="checkbox"/> Sore throat |

Diagnosed w/COVID-19

- Stay Home
- Staff Telework if possible
- Isolate regardless of vaccination status

Individuals may return to school after 5 full days of isolation if:

- Symptoms have improved or you are asymptomatic, AND you are without a fever for the past 24 hours without use of fever-reducing medication

If returning to school after day 5, the individual:

- Will wear a well-fitted mask during days 6-10 of their isolation period, OR
- Test negative with an antigen or at-home test any day after day 5. Testing beyond day 10 is not necessary.

Note: For travel guidance, see [CDC recommendations](#).

Questions? Contact: covid@lowercolumbia.edu | hr@lowercolumbia.edu | 360-442-2120 (HR)

Updated 9/20/2022

Does a health care provider make a non-COVID alternative diagnosis that explains all symptoms?

Yes

Isolate until at least:

- 24 hours after fever resolves without use of fever reducing medication
AND
- You no longer have symptoms
OR
- Health Care Provider note approves return to care/work

- COVID Like Illness (CLI) Symptoms**
- Fever ($\geq 100.4^{\circ}\text{F}$) or chills
 - Shortness of breath or difficulty breathing
 - Muscle or body aches
 - New loss of taste or smell
 - Cough (new, changed, or worsening)
 - Congestion or runny nose
 - Nausea, vomiting, or diarrhea
 - Headache
 - Fatigue
 - Sore throat

No

Person has:
Any CLI symptom lasting less than 24 hours, they may return to care

Person has:
• Any CLI symptom lasting more than 24 hours

COVID-19 test is...

Negative

Positive or not done

Individuals may return to school after 5 full days of isolation if:

- Symptoms have improved or you are asymptomatic, AND you are without a fever for the past 24 hours without use of fever-reducing medication

If returning to school after day 5, the individual:

- Will wear a well-fitted mask during days 6-10 of their isolation period, OR
- Test negative with an antigen or at-home test any day after day 5. Testing beyond day 10 is not necessary.

Isolate until at least:

- Symptoms have improved