Return to Campus Guide for Childcare

**COVID Like Illness Symptoms**
- Stay home
- See your healthcare provider
- Telework if possible

1. Return to work w/ doctor’s note, OR
2. Follow symptoms tree on page 2

**Close Contact w/ Person Being Tested**
- **Stay home**
- **See your healthcare provider**
- **Telework if possible**
- **Quarantine until the Close Contact receives test results**

Does not apply to contact with workers who are randomly tested

**Close Contact w/A Confirmed Case**
- **Stay home**
- **See your healthcare provider**
- **Telework if possible**
- **Quarantine for 14 days after exposure**

**Diagnosed w/ COVID-19**
- Stay Home
- Telework if possible
- Isolate according to Dept. of Health (minimum 10 days)

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**Class A Symptoms**
- Fever (subjective or greater than or equal to 100.4)
- Chills
- Cough
- Loss of sense of taste and/or smell
- Shortness of breath

**Class B Symptoms**
- Fatigue
- Headache
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea (at least 2 loose stools in 24 hours)

**Close Contact:**
Coming within 6 feet of an infected person for at least 15 minutes, starting from 2 days before illness onset or positive test results (for asymptomatic patients) until patient is isolated. Does not apply to healthcare workers caring for patients known to have COVID-19.

**Do Not Quarantine If** (all must be true):
1. It has been 2+ weeks since you completed a vaccine series
2. You do not have any CLI symptoms
3. Test 3-5 days after exposure

Questions? Contact: covid@lowercolumbia.edu | hr@lowercolumbia.edu | 360-442-2120 (HR)
Does a health care provider make a non-COVID alternative diagnosis that explains all symptoms?

Yes

Isolate until at least:

- 24 hours after fever resolves without use of fever reducing medication
- You no longer have symptoms
- Per condition diagnosed by Health Care Provider Whichever is Longer

No

Person has:

- Any class A symptom of any duration, OR
- 2 or more class B symptoms of any duration, OR
- 1 or more class B symptom lasting more than 24 hours

COVID-19 test is...

Positive or not done

Isolate until at least:

- 10 days since symptom onset AND
- 24 hours after fever resolves without use of fever-reducing medication AND
- You no longer have symptoms

Negative

Isolate until at least:

- 24 hours after fever resolves without use of fever-reducing medication AND
- You no longer have symptoms

Positive

Negative or not done

Class A Symptoms

- Fever (subjective or greater than or equal to 100.4
- Chills
- Cough
- Loss of sense of taste and/or smell
- Shortness of breath

Class B Symptoms

- Fatigue
- Headache
- Muscle or body aches
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea (at least 2 loose stools in 24 hours)