



Lower Columbia College

Seizure Protocol

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If a student or staff member has an observable seizure, 911 must be called followed by campus security (360) 442-2911. If a staff member is present they should stay with the person until medical personnel have arrived on scene.



Knowing what NOT to do is important for keeping a person safe during or after a seizure.

- Do not hold the person down or try to stop his or her movements.
- Do not put anything in the person's mouth. This can injure teeth or the jaw. A person having a seizure cannot swallow his or her tongue.
- Do not try to give mouth-to-mouth breaths (like CPR). People usually start breathing again on their own after a seizure.
- Do not offer the person water or food until he or she is fully alert.

Do not cancel your call to 911. Please allow emergency medical responders to assess the person and determine whether transport is necessary.