

# CHOCOLATE

## Chocolate Peanut Butter™

You will think you're drinking a liquid peanut butter cup.

## Cookie Monster™

We raided the cookie jar to make this thick chocolatey Oreo® extravaganza.

## No Bake Cookie™

Don't feel guilty if this tastes better than your mom used to make! We won't tell.

## German Chocolate Cake™

After drinking this shake, you'll think we have a baker in the back. Enjoy!

## Chocolate Banana™

You will look like you've been sculpted from stone after drinking this delicious blend of chocolate and banana.

## Candy Bar Craving™

This tastes like a Snickers®. It's so good you'll be looking for the candy bar wrapper in the bottom of your cup.

## Thin Mint™

You'll think we have a girl scout troop on staff after tasting this delicious blend of chocolate mint and Oreos®!

# Vanilla

## Caramel Apple™

You'll think that we just picked this shake up at the County Fair! Don't worry, it doesn't come on a stick.

## Caramel Banana™

This combination resembles homemade ice cream.

## PB&J™

Jiffy® and Smucker's® will be envious of this shake. It's so much better in a shake than on bread!

## Peanut Butter Banana™

This taste similar to a Butterfinger® with bananas, hazelnut and peanut butter.

## Coconut Almond™

You know the old saying, "sometimes you feel like a nut..." Enough said. This tastes just like an Almond Joy®!

# FRUIT

## Strawberry Banana™

Try curling this popular combination of strawberries and bananas.

## Banana Bonita™

Slim down with this south-of-the-border favorite which includes a delicious blend of pineapple juice, banana, pineapple and coconut.

## Tuti-Fruiti™

Wop-bop-aloo-bop-a-wop-bam-boom, Good golly Miss Molly this mixture of raspberry juice, strawberries, blueberries and bananas will shake you up.

## Tropical Twist™

Twist it up with this combination of passion mango juice, guava and pineapple juices along with pineapple and banana.

## Berry Blast™

Blast off with this mixture of raspberry, apple and guava juice, banana, pineapple and strawberries.

## Purple People Eater™

Get ripped and shredded to the bone with this blueberry banana bomb.



High Protein shakes are 20 ounces and have 36 to 40 grams of protein. Calories range from 350 to 540.



Low Calorie Burners are 20 ounces and have 18 to 22 grams of protein and contain the Fat Burning Blend. Calories range from 200 to 390.

All Shakes available as High Protein or a Low Calorie Burner.

# ALL NATURAL SMOOTHIES

## Banana Berry Blast

A blend of banana, blueberries and strawberries

## Mango Peach

mango, peach, vanilla soy milk

## Green Refresher

Banana, mango, peach, and kale

## The Goddess

banana, cucumber, kale, green apple

# Specialty COFFEES

## Coffee by the Cup

Ground fresh and brewed directly into our airpots. Beans could include (Black Velvet, Sumatra, Ethiopian, etc.)

## Iced Coffee

Toddy & Water over Ice

## Flavored Iced Coffee

Toddy, Choice of Flavoring & Water over Ice

## Iced Latte

Toddy & Skim Milk over Ice

## Flavored Iced Latte

Toddy, Skim Milk & Choice of Flavoring over Ice

## Espresso Eskimo Protein Fraps

You will think someone froze your latte after drinking one of these coffee favorites.

## Popular Flavors:

Caramel, Chocolate, Chocolate Raspberry, Hazelnut, Raspberry, Vanilla