

Associate in Applied Science (AAS)

Chemical Dependency Studies

The Chemical Dependency Studies program provides courses to meet the educational requirements of the State WAC 246-811-030 for licensure of Chemical Dependency Professional (CDP). The curriculum includes the understanding of the following topics specific to alcohol and drug addiction treatment of individuals: Pharmacological actions of alcohol and other drugs; treatment methods; record keeping and case management; cultural diversity; health issues; community resources; individual and group counseling; relapse prevention; working with specific groups, such as youth and families; and professional and ethical responsibilities.

Degree Requirements

- **Communications:**
5 credits - ENGL& 101 English Composition I.
- **Quantitative Skills:**
5 credits – MATH 105 Math for Health Sciences OR higher (MATH 105 is not accepted for AA-DTA)
- **Human Relations / Social Science:**
5 credits – PSYC& 100 General Psychology.
- **Natural Sciences:**
5 or 6 credits – Choose from the following: BIOL& 100 Survey of Biology (5 cr.), OR BIOL& 170 Human Biology (5 cr.), OR BIOL& 241 Human A & P I (5 cr.), OR BIOL& 242 Human A & P II (5 cr.), OR CHEM& 100 Preparatory Chemistry (5 cr.), OR NUTR& 101 Nutrition (5 cr.)
- **Diversity:**
5 credits – choose SOC& 101 Intro to Sociology:DIV OR CMST 250 (was SPCH 109) Intercultural Communications:DIV.
- **Electives:**
8 credits minimum.

Program Requirements

CDS 101*	Intro to Addictions and Chem Depend	5
CDS 102*	Intro to Theories/Counsel CDC	3
CDS 107	Adolescent Dev Issues and Chem Depend	3
CDS 110*	Alcohol/Drug Pathophysiology and Pharmacology	3
CDS 111*	Record Keeping and Case Mgmt	3
CDS 113	Treatment Principles of Chem Depend	3
CDS 121*	Legal & Ethical Issues in Chem Dep Studies	3
CDS 201	Dynamics of the Family and Chem Depend	3
CDS 202	Chem Dep Counseling with Diverse Pop	3
CDS 203	Relapse Prevention and Intervention	3
CDS 215*	Group Counseling: Theories/Applic.	3
CDS 220	Co-Occurring Disorders	3
CDS 288	Cooperative Work Experience	10
CDS 289*	Employment Portfolio Seminar	1
HLTH 100	Occupational Safety and Health	3

PSYC& 200	Lifespan Psychology	5
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Electives

(choose 2 or 3 of the following for a minimum of 8 credits)

CDS 105	Chemical Dependency/Domestic Violence	3
CDS 108	Running School-Based Support Groups	4
CDS 114	Suicide Assessment/Prevention	2
PSYC& 220	Abnormal Psychology (PSYC& 220 not offered every quarter. Check with advisor.)	5

Diversity and Distribution Lists are available in the Lower Columbia College Academic Catalog and at lowercolumbia.edu/catalog.

Total credits required to earn this degree: 90-92 with a "C" or higher in the program requirements.

*These CDS courses must be completed along with Math, English, Psychology, and Natural Science requirements to be eligible for your field work credits.

Students completing this program should acquire the following skills and abilities:

- Demonstrate critical thinking by applying objective, valid methods of inquiry and problem solving to draw rational, ethical, and coherent conclusions to client situations in chemical dependency.
- Demonstrate competency in chemical dependency principles, topics, knowledge and skills.
- Communicate effectively with faculty, peers, clients, client family systems, health care professionals, community agencies and the judicial system.
- Incorporate interpersonal skills and caring behaviors in interactions with faculty, peers, clients, client family systems, health care professionals, community agencies, the judicial system and employers.

Revised November 2017 (effective Winter 2018)

Planner

The distribution lists are in the LCC Catalog. If you are online, click on the links below:

Diversity Course List

Distribution List

Advisor: Nonnie Weaver, (360) 442-2677, nweaver@lowercolumbia.edu

Fall Quarter			Winter Quarter			Spring Quarter			Summer Quarter		
✓	Courses	Crs	✓	Courses	Crs	✓	Courses	Crs	✓	Courses	Crs
	*CDS 101	5		*CDS 102	3		*CDS 107	3			
	*CDS 108	4		*CDS 105	3		*CDS 110	3			
	*CDS 113	3		*CDS 114	2		CDS 111	3			

Fall Quarter			Winter Quarter			Spring Quarter			Summer Quarter		
√	Courses	Crs	√	Courses	Crs	√	Courses	Crs	√	Courses	Crs
	HLTH 100	3		*CDS 121	3		PSYC& 100	5			
				MATH 105	5						
	*Offered Fall quarter only			*Offered Winter quarter only			*Offered Spring quarter only				
Total:		15	Total:		16	Total:		14	Total:		

Fall Quarter			Winter Quarter			Spring Quarter			Summer Quarter		
√	Courses	Crs	√	Courses	Crs	√	Courses	Crs	√	Courses	Crs
	BIOL& 100	5		*CDS 203	3		*CDS 201	3			
	*CDS 202	3		CDS 288	5		CDS 288	5			
	*CDS 215	3		ENGL& 101	5		*CDS 220	3			
	PSYC& 200	5					PSYC& 220	5			
	CDS 289	1									
	*Offered Fall quarter only			*Offered Winter quarter only			*Offered Spring quarter only				
Total:		17	Total:		13	Total:		16	Total:		

Notes:

Program planning is based on information available at the time of preparation. It is the student's responsibility to meet with their LCC advisor. Consult the LCC catalog for LCC graduation requirements.

ARCHIVE