

# Adult Basic Education (ABE)

**ABE 40 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Electives**

Strengthen basic academic skills in order to enhance their personal, social, and workplace environments in an ABE Electives course.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 41 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ English**

Strengthen basic academic skills in order to enhance their personal, social, and workplace environments in a High Adult Secondary Education English reading and writing course.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 42 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Math**

Strengthen basic academic skills in order to enhance their personal, social, and workplace environments in a High Adult Secondary Education math course.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 43 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Science and Lab Science**

Strengthen basic academic skills in order to enhance their personal, social, and workplace environments in a High Adult Secondary Education English reading and writing course contextualized in science.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 44 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ US History and Government**

Strengthen basic academic skills in order to enhance their personal, social, and workplace environments in an ABE high adult secondary US History and Government education course. Focuses on the causes and effects of social, cultural, political, intellectual and economic change over the years in the United States. Examines the foundation of US government: key political ideas, theories, processes, and institutions.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 45 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Washington State History**

Strengthen English communication skills in order to enhance their personal, social, and workplace environments in a high adult secondary education ABE Washington State history course. Provides a social, political, economic history of the Pacific Northwest with particular emphasis on the State of Washington, including Native American history and gender/ethnic history.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 46 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Current World History**

Strengthen basic academic skills in order to enhance their personal, social, and workplace environments in an ABE Contemporary History course. Focuses on current world events, issues and problems. Highlights recent historical events and examines the causes and effects on geopolitics, environments, and population.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 47 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Occupational**

Strengthen a student's communication, technology, and/or interpersonal skills in order to enhance their personal, social, and workplace environments in an ABE Occupational Education course. The course reflects knowledge gained through prior life experience, occupational achievement, or demonstrable skill and can be quantified by writing, display and evidence collection.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 48 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Health and P.E.**

Strengthen basic academic skills while focusing on health, nutrition, and fitness in order to enhance their personal, social, and workplace environments in an ABE Health and Physical Education course. Students will gain an understanding of the effects nutrition, exercise and environmental factors have on the body and how to set personal goals to improve their overall health.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.

**ABE 49 S,F,W,Sp 1.00-20.00 credits**  
**ABE HS 21+ Fine Arts**

Strengthen basic academic skills while focusing on artistic understanding and appreciation in order to enhance the personal, social, and workplace environments of students in an ABE Fine Arts course. Students will gain a deeper understanding of the arts and how to evaluate the impressions gained by exposure to different forms of media.

Prerequisites: CASAS Appraisal Exam, CASAS Appraisal score of 246 to 255, or instructor permission.



**ABE 92            S,F,W,Sp            1.00-20.00 credits**  
**Math Level E**

Strengthens basic academic skills in order to enhance personal, social, and workplace environments in a high adult secondary education math course.

Prerequisites: CASAS appraisal exam and CASAS appraisal score of 246 and higher.

**ABE 93            S,F,W,Sp            1.00-20.00 credits**  
**Integrated Level E**

Strengthens basic academic skills in order to enhance personal, social, and workplace environments in a high adult secondary education integrated course (integrating reading, writing, math, and technology).

Prerequisites: CASAS Appraisal Exam and CASAS Appraisal score of 246 and higher.

**ABE 94            S,F,W,Sp            1.00-20.00 credits**  
**I-Best Academic Support Level E**

A high adult secondary education level ABE course for students who are currently working or preparing to work in a specific job area and who are enrolled in an I-BEST program. The course integrates math, reading, writing, listening and speaking skills with the linguistic requirements of the job. The content of this course varies each time it is offered. It may include English language skills for specific content areas such as certification for childcare workers, English language skills for Health Services, etc.

Prerequisites: CASAS Appraisal Exam and CASAS Appraisal score of 236 and higher.