

Communication

How do I communicate with the Running Start office?

For appointments and general inquires, contact the front desk at (360) 442-2442 or contact one of the Running Start Staff members directly:

Lupe Rodriguez, Manager
(360) 442-2444
grodriguez@lowercolumbia.edu

Carmilla Rollins, Ed Planner
(360) 442-2411
crollins@lowercolumbia.edu

How do I receive text messages from Running Start?

Sign up to send/receive text messages through REMIND: Contact the Running Start office.

Please note: you should also sign up to receive emergency text messages from Lower Columbia College. To sign up for emergency twitter alerts, put 40404 in the "to" line of your text message and enter "Follow LowerCC_Alerts" in the body of the text message. See **Emergency Text Messages (lowercolumbia.edu/publications/emergency/emergency-text-messages)** in LCC's **Emergency Handbook (lowercolumbia.edu/publications/emergency)** for more information.

What about social media?

Follow us on Twitter: @LCCRUNNINGSTART
twitter.com/LCCRRunningStart (twitter.com/LCCRRunningStart)

Like us on Facebook:
[facebook.com/LowerColumbiaCollegeRunningStart](https://www.facebook.com/LowerColumbiaCollegeRunningStart) (www.facebook.com/LowerColumbiaCollegeRunningStart)

Useful links

LCC Emergency Handbook (lowercolumbia.edu/publications/emergency)
(lowercolumbia.edu/publications/emergency)

Emergency Text Messaging (lowercolumbia.edu/publications/emergency/emergency-text-messages) (lowercolumbia.edu/publications/emergency/emergency-text-messages)